



Do the Commandments of Hippocrates Serve for Ophthalmological Pathologies?

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Abstract

In one of his commandments, Hippocrates (460 BCE - 375 BCE), said that it is more important to treat the patient and not the disease the patient has. In this article, I will show that for the majority of ophthalmology diseases, there are energy alterations that are leading to disease in the eye, and the treatment of these energy alterations, treating the patient, will treat the eye problem. So, I am concluding that the commandments of Hippocrates (460 BCE - 375 BCE), also serve for ophthalmology diseases that is, we need to treat the patient and not the disease the patient has.

Introduction

After the implementation of the Flexner report in 1910, there were implemented changes in the medical curriculum in all medical faculties in America and Canada and after this implementation, it was considered "scientific" only what we could see and prove by laboratory and radiological level. These changes make possible an increase in the methodology of research in the medical field and many improvements occurred after this period. But in the other hand, another problem occurred due to this implementation because the human being was only looked at in parts and not in it entirely because the part of the energy that composes the human being was not taken into account and only the part of the energy that it is materialized is considered by the medical community until today [1].

As said by Albert Einstein (1879—1955), the most famous physicist in our world, all things are composed of energy, and this included the human body [2]. When I began to study acupuncture and traditional Chinese medicine in Brazil in 1997, I began to see that the part that Western medicine is treating can be treated

using another form of reasoning, from the energy point of view and many diseases that we need to use medications to treat, could improve only regulating the internal energy [3]. This knowledge was important to me to understand that all diseases came from energy alterations in the "root" of the tree, a tree metaphor that I usually use in all my articles to explain the different levels of diagnosis and treatment between Western and traditional Chinese medicine, the most ancient traditions that exist in our world [4, 5]. This kind of reasoning began in 2006 when I treated one specific patient and through this case, I began to participate in so many medical conferences in any kind of specialty to show the importance to treat the "root" (representing the human body) and not just the symptoms (the disease) [4].

This specific patient was a 70 years-old male patient with a history of having pain in both legs with no improvement only using anti-inflammatory medications. He went to my clinic to see another form of treatment to reduce his pain and instead of treating his leg pain symptoms, I treated his energy imbalances presented in the

“root” (that was Kidney *Yang* deficiency). I used to treat his energy imbalances with Chinese dietary counseling, auricular acupuncture with apex ear bloodletting, and systemic acupuncture. After ten acupuncture sessions, he returned and said that he improved very much of his leg pain, but he also improved from another condition that he did not tell me that was high intra-ocular pressure. This patient had been treated for glaucoma for the last 40 years using eye drops and never reduced his intra-ocular pressure. For the first time in his life, his intraocular pressure reduced from 40 to 17 mmHg when I treated him using procedures to rebalance the internal energy [4].

After this case, I began to be a researcher at São Paulo University in the ophthalmology department in the glaucoma section, to demonstrate that the use of auricular acupuncture can reduce intra-ocular pressure as I am showing in the article written by myself (2022) titled *Is Glaucoma a Local or Systemic Disease* [6]? Many other articles were written by myself after this period trying to demonstrate that the majority of ophthalmology diseases are only local reactions of systemic diseases as I am showing in the article also written by myself (2021) titled *Energies Alterations and Chakras' Energies Deficiencies as the Cause of Sub Retinal Fluid Retention in Polypoidal Choroidal Vasculopathy* and in the second also written by myself (2019) titled *Chakras Energy Deficiency as the Cause of Chronic Conjunctival Hyperemia* [5,7].

Another very interesting article written by me (2022) titled *Energy Alterations in Patients with Keratoconus*, I am saying that according to Western medicine's point of view, the treatment of keratoconus is focusing on the eye itself, but in this article, I am showing that keratoconus is caused by energy deficiencies in all five internal massive organs of the Five Elements theory of traditional Chinese medicine, that it is causing abnormalities in the cornea and the treatment of these energy alterations can cure the patient from this disease, without needing to do any kind of surgery, as I am showing in the article mentioned above. In this article, I am showing three cases reports, and the third patient reported said that she was cured of this keratoconus condition only by treating her energy imbalances and replenishing the energy of her five internal massive organs, which were in the lowest level of energy, rated one out of eight. The treatment of this condition was possible to cure her keratoconus condition, but in reality, she went to treat abdominal pain that was not improving using common medications to relieve pain and for the first time in her life, her abdominal pain improved very much, and using the technics to treat her abdominal pain, it was possible to cure her keratoconus condition, because when we treat the “root”, we can treat all the patients' conditions at the same time, even the doctor does not know that the patient has such symptoms [8,6].

Many other ophthalmological diseases can be cured if we treat the patient and not the disease itself, as I am showing in the article written by myself (2022) titled *Can Wrong Eating Habits Lead to or Worsen Ophthalmological Diseases?* In this article, I mentioned another patient that was treating her obesity for one year by doing auricular acupuncture with apex ear bloodletting after one year of treatment, she went to a regular ophthalmology consultation and her doctor said that her eye grade reduced from 3,5 to only 0,5. It

reduced her 3,0 grades because the grade in traditional Chinese medicine is controlled by the energy of the Kidney and when we treat the “root” (represented by the energy imbalances, all her clinical conditions improved at the same time, including the high eye grade, that I was not aware) [9].

For this reason, only in the few paragraphs that I wrote, it was possible to show that the commandments said by Hippocrates (460 BCE - 375 BCE), in the past, can be used for patients with ophthalmology disease because the majority of eye diseases are the reflections of energy imbalances inside the five internal massive organs and the use of highly diluted medications to replenish the energy of these organs, such as homeopathy medications described by Hahnemann (1755 -1843), but using another theory written by myself (2020) titled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* and crystal-based medications are of paramount importance nowadays because the population that we are attending are very different from the population that we were attending in the past, as I am showing in the article (2021) titled *Is the Population in the World the Same as in the Past?* [10].

To finalize this article, I would like to thank all doctors from around this globe that were seeking another type of treatment that is better for their patients without harming them and this kind of therapy mentioned in this article, treating the “root” and not just treating the symptoms is of major importance to treat the cause of formation of the majority of diseases. So, the phrase said by Hippocrates (460 BCE - 375 BCE), that “we need to treat the patient and not the disease the patient has” can be used in ophthalmology patients because we are treating the energy alterations presented in the “root” and not just the clinical manifestation of these energy imbalances presented when we treat only the disease the patient is presenting at the moment of their ophthalmology diseases [4-8,11].

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Conflicts of Interest

I would like to say that there is no conflict of interest.

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