



Relationship between Eye Axial Length and Corneal Radius of Curvature

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Abstract

Introduction and goals: To study and determine the relationship between eye axial length and corneal radius of curvature, as the entire advancements in medicine have originated from basic studies. The goal of the research is to determine average size of different parts of body and their relationship.

Materials and methods: The research is a descriptive and analytical study. The statistics population consisted of 150,000 eyes in 150,000 patients (55% male, 45% female) who turned to Sadr Tehran Hospital during 2003 to 2013. The patients were examined by an optometrist (the researcher). The average age of men was 56.8 years (42-70) and the average age of women was 59.4 (43-75) years old. Patients with history of eyes surgery, glaucoma, impacts, surface eye diseases and contact lens users were excluded from the study. The anterior posterior length of eye and the corneal curvature of both eyes were checked by Coherent biometry (IOL.MASTER) in three to four repetitions by one optometrist, the research, and the measurements were made. The average of the measurement was then calculated. The relationship between the factors was assessed in linear form and was then studied and compared between the two genders. The SPSS-22 software was used for analyzing the data.

Findings: The mean average corneal curvature radius in men was 7.570mm in 7.00-8.18 range and in women, this number was 7.499mm in 6.79-8.34 range. The mean length of anterior posterior length (axial length) in men was 23.79mm in 20.22-25.41 range and in women, it was 22.97mm in 21.51-25.62 range. By testing the data, it was shown that data had normal distribution and the following linear relation was found between the two parameters. In general state, $AL=1.69 \text{ MidR}+10.335$, the value in women was $AL=1.288 \text{ MidR}+13.32$ and in men, it was $AL=1.97 \text{ MidR}+0.38$.

Discussion and Conclusion: By comparing the previous studies, it was showed that the axial length of Iranian population eyes, in this study, was shorter than Americans and South Koreans, longer than Indians and almost equal to Chinese. It was shown that as the cornea is more flat, the axial length of eye is higher; and in turn, as the axial length of eye is higher, the cornea tends to be more flat. In addition, the ratio of these changes was slightly bigger in men than women. This finding could be effective in improving precision of medical procedures in treating cataract, Keratoconus and refractive surgeries.

Keywords: Axial length; Corneal curvature radius; Biometry

Introduction and Goals

It is not too much a claim to say that all advancements in medical science have originated from basic studies and determining the average size of various parts of body [1]. In ophthalmology too, after Gullstrand's schematic eye design and his presenting the approximate measures, the issue of emteropisation, refractive defects'became justifiable [2]. Today, by changes in the corneal curvature radius, keratoconus and various refractory defects could be treated with more precision; and by determining the exact size of corneal curvature radius and axial length, the power of contact

lenses in cataract surgery could be discussed more elaborately [3]. The axial length of eye is a basic parameter in ophthalmology. Axial length means the distance between the corneal surface to the pigmented layer of retina and the membrane which is measured in millimeter [4]. Since cornea is responsible for 2.3 optic power of eye, formation of image on retina, in addition to its clarity and difference in its refraction factor with air, also relates to its curvature radius [5]. This factor is also measured in millimeter scale. Many studies have been conducted on this subject in various populations

including England, USA, Korea, Singapore, south and central India, Alaska and other countries [6-22] and large populations in north and south China and Nigeria have been attributed to this [23-24]. In our country too, the only study which is attributed to the research was conducted in Farabi Hospital in 1997 with only one thousand populations and only the average was calculated with no study of any relationship or lack of relationship on them [25]. Since most results of these studies were obtained in other societies and the applicable formula which are developed to be used in medical facilities, all of them have been based on this basic information. Perhaps, the reason that all facilities and medical procedures do not respond in our country one hundred percent could be due to the difference of axial length and the average corneal curvature radius, as well as their relationship in our society compared to western societies. In any case, knowing these results could be effective and suitable in future researches of local and foreign researchers in improving medical methods and better performance of new medical facilities.

Materials and Methods

The study is descriptive-analytical and seeks the finding the correlation. The population subject of study consisted of 150,000 patients that turned to the biometry clinic of Sadr Tehran Hospital during 2004-2013, all of them were examined by one person (the researcher). The amounts which were obtained were registered after 3-4 repetitions. The tools used for measuring the research parameters (axial length and corneal curvature radius) was IOL Master apparatus, Zeiss model which was used by considering partial coherence laser interferometer. Presently, this apparatus is the most precise devices in this study. After the approval of the plan by the research council of Shahid Beheshti University in Tehran, coordination was made with the head of Sadr Social Security Hospital and permit was received. By the assistance of filing unit,

the medical files of all patients that referred to biometry clinic of hospital were reviewed in observational method and 150,000 files that had the criteria of entering into study (being older than 40, having letter of consent for studying the file, having Iranian nationality, absence of any corneal and retina abnormalities and systemic diseases effective in the examinations results) were selected (44.34% male, 55.66% female). As far as the research is aware no study was found in determining the relationship between the axial length of eye and corneal curvature radius, by using a 15-preliminary sample and considering $\beta=0.1$, $\alpha=0.05$, the volume of sample, was calculated and the number for each group was obtained as 60. After determining the volume of 60 samples, for each group, first the files were divided into two groups as per the sex and were labeled. Then the probable and systematic method was used for sampling and 60 files were selected from each group; and the research parameters were registered for each patient from their files. The information obtained was registered in two groups and the average of parameters in statistical subjects was calculated once in general and the other term separately as per the gender to find their ratio. By using Semenov- Kolomogrov method, the normality of the data was studied, followed by studying the t-test and linear regression between the data by using SPSS22 software.

Findings

Among 150,000 eyes which were examined, and after determining the 60 samples volumes for both male and female group, following results and average was found (Table 1). After determining the average of all parameters, especially AL and CRC, the Semenov- Kolomogrov tests showed the normality of data distribution. In addition, by performing levene test the equivalency of the variance of the two independent samples of men and women was proved ($P\text{-value}<0.05=\alpha$) (Table 2).

Table 1:

	Sex	Age	Axial Length	Radius1	Radius2	Mid Radius
Male	Mean	56.8	23.2932	7.657	7.4867	7.57
	N	60	60	60	60	60
	Std. Deviation	8.26223	0.93605	0.30086	0.28615	0.28733
	Minimum	42	20.22	7.12	6.89	7
	Maximum	70	25.41	8.28	8.16	8.18
	Range	28	5.19	1.16	1.27	1.18
Female	Mean	59.4167	22.9792	7.572	7.4332	7.4995
	N	60	60	60	60	60
	Std. Deviation	7.66743	0.81458	0.26801	0.27061	0.26706
	Minimum	43	21.51	6.84	6.66	6.79
	Maximum	75	25.42	8.39	8.09	8.24
	Range	32	3.91	1.55	1.43	1.45

Total	Mean	58.1083	23.1362	7.6145	7.4599	7.5348
	N	120	120	120	120	120
	Std. Deviation	8.04483	0.88784	0.2869	0.27861	0.27847
	Minimum	42	20.22	6.84	6.66	6.79
	Maximum	75	25.42	8.39	8.16	8.24
	Range	33	5.2	1.55	1.5	1.45

Table 2:

Independent Samples Test			
	F	Levene's Test for Equality of Variances	
		Sig.	
Axial Length	Equal variances assumed	0.46	0.499
	Equal variances not assumed		
radius1	Equal variances assumed	1.709	0.194
	Equal variances not assumed		
radius2	Equal variances assumed	0.288	0.592
	Equal variances not assumed		
mid radius	Equal variances assumed	0.836	0.362
	Equal variances not assumed		
MIDR/AL	Equal variances assumed	0.067	0.797
	Equal variances not assumed		
Ratioax.Mid	Equal variances assumed	0.074	0.787
	Equal variances not assumed		

After proving the equality of variances, the t-test was performed with $\alpha=0.05$ and 118 freedom degree and with respect to the results and data, the significance was proved which showed that practically, gender had no effect on any of the variables. The

correlation between AL and CRL variables in both men and women was proved by using Pierson's correlation coefficient and the diagram of the frequency of both variables is visible in both groups (Figure 1,2).

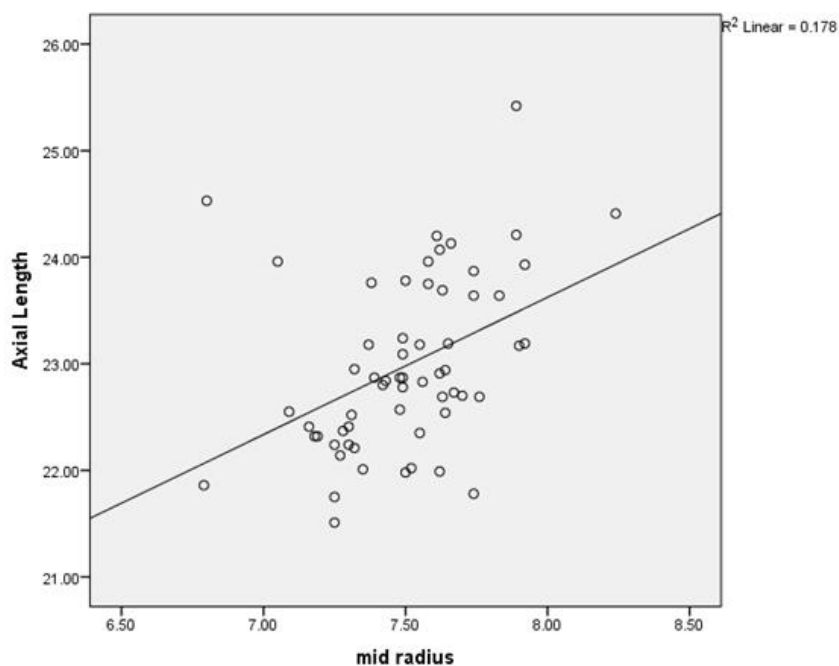


Figure 1:

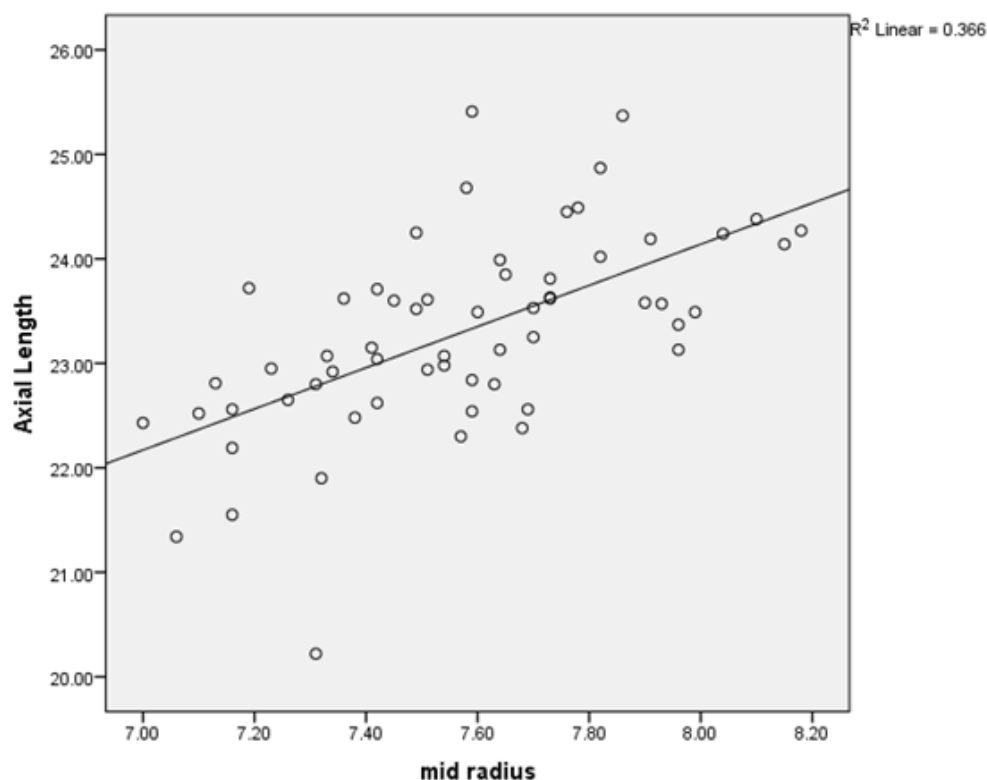


Figure 2:

The regression line slope and dispersion of points indicated the correlation between the two variables CRC and AL in both groups. After that, by using ANOVA table, the significance of regression line with $\alpha=0.05$ was confirmed. To obtain a linear relationship between the two variables, the coefficients regression table was used and following relations were found.

In general state: $AL=1.288 \text{ midR}+13.32$

In women: $AL=1.97 \text{ mid R}+8.383$

In men: $AL=1.69 \text{ MidR}+10.330$

Axial length and corneal curvature radius are two basic parameters in optimized performance of eye. The goal of present study is to examine the relationship between the two parameters. The results of this research show that the average axial length is 23.136mm with 0.887 criteria deviation in 5.2mm range. This value in separate form was 23.2932mm in men in 0.936 criteria deviation and 5.19mm range, and in women, this value was 22.979mm with 0.814 criteria deviation and 3.91mm range. The average cornea curvature radius in this study was 7.534mm with 0.278 criteria deviation and 1.45 range. In separate form, in men, this number was 7.57mm with 0.287 criteria deviation and 1.18mm range and in women, the average corneal curvature radius was 7.499mm with 0.267 criteria deviation and 1.45mm range.

Discussion

In comparison with the previous studies [18-25], it could be observed that south Korean people with $AL=24.35+1.49$ had the longest axial length, followed by Americans, $AL=22.04$, Taipei China with $AL=23.3+1.2$, Chinese with $AL=23.25+1.14$ and Iranians with $AL=23.13+2.6$ were almost the same and the shortest were Indians with $AL=22.6+0.91$ had the smallest eyes. On corneal curvature, it was observed that the Koreans had more steep cornea than others. In studies in gender, it was seen that AL in men was bigger than women and women's cornea is steeper than men's cornea. In the meantime, by considering the linear formulas, it was observed that as AL is bigger, cornea is more flat and vice-versa. These changes are slightly more tangible in men than women; that is, if the corneal curvature radius is increased or decreased for only few millimeters, the effects are more visible in AL measurement in men. Since most medical procedures in refractive, Keratoconus, cataract and other refractory defects in eyes have been planned by making changes in those parameters, the results of this study could be a step, though small, in improving and increasing the precision of these medical procedures and helps other researchers in this area of science.

Conclusion

In comparing the present study with previous studies, it is shown that the axial length of Iranian's eyes in this study was

smaller than Americans and South Koreans, longer than Indians and almost the same with Chinese. As more flat the cornea, the AL will be larger and otherwise, as the AL is bigger, the cornea tends to become more flat. This finding was seen and confirmed as well. The ratio of these changes is slightly higher in men compared to women and this finding could be effective in improving the precision of cataract, keratoconus and refractive surgery precision.

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Conflict of Interest

No Conflict of Interest.

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