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Research Article

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Epidemiology and Aetiological Diagnosis of Corneal Ulceration in Sana'a City, Yemen

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Abstract

Background: Corneal ulcer is an inflammatory or more serious condition of the cornea involving a disorder of the epithelial layer with involvement of the corneal stroma. It is a common condition in humans, especially in the tropics and agricultural communities.

Objectives: To identify epidemiological characteristics and risk factors leading to corneal ulceration in Sana'a, Yemen, and to identify specific pathogenic organisms responsible for infection.

Methods: All patients with suspected infectious central corneal ulceration presenting to the ophthalmic clinics in the main hospitals of Sana'a city, Yemen from 1 January to 31July 2017 were evaluated. The clinical samples culturing, and diagnosis were done at National Center of Public Health laboratories Sana'a (NCPHL). Social, demographic data and information relating to risk factors were recorded, all patients were screened, and corneal scrapes and cultures were performed.

Results: In 7-month period 108 patients with central corneal ulceration were evaluated. The male to female ratio was 3.5:1, and the patient ranged in age from 1 to 80 years. The most common risk factor was trauma in 26.9% of patients, followed by previous eye surgery and previous eye diseases of 5.6%. Other risk factors such as dryness and trauma, facial palsy, previous viral infections, and dryness were less common. Agents responsible for the trauma were mainly vegetable matter (36.4%) followed by blunt trauma (15.2%), while chemical injury was only 6.1% of total trauma. In other hand 42.4% of patients were unknown of the agents responsible for the trauma. Cornea laboratory diagnoses were positive in 77 patients (71.3%), of those individuals with positive cultures 42.6% had pure bacterial infections, 6.5% had pure viral infections, and 5.6% had pure fungal infections. The most common bacterial pathogen isolated was *Staphylococcus aurous* (41.3% of all positive bacterial cultures), followed by *Streptococcus viridians* (6.3%), and *Staphylococcus epidermidis* (6.3%). The most common fungal pathogen isolated was *Candida albicans* (41.2% of all positive fungal cultures), followed by filamentous fungi (23.6%).

Conclusion: These findings have important public health implications for the treatment and prevention of corneal ulceration in developing countries such as Yemen. Such comprehensive surveys are necessary to assess the specific epidemiological characteristics of corneal ulceration that are unique to each region and population.

Keywords: Epidemiology; Aetiological diagnosis; Corneal ulceration; Yemen

Introduction

The fourth cause of blindness globally (5.1%), corneal blindness is one of the main causes of vision loss after cataracts, glaucoma and age-related macular degeneration (AMD). Trachoma is responsible for about 4.9 million blind people, mainly due to corneal and vascular scarring. Ophthalmic trauma and corneal ulcers are important causes of corneal blindness. It is often reported but estimated between 1.5 to 2.0 million new cases of single blindness each year. Among the causes of childhood blindness (about 1.5 million cases in the world and 5 million children with

visual impairment) the emergence of xerophthalmia (350,000 cases per year), neonatal conjunctivitis, and rare eye infections such as herpes and keratoconjunctivitis [1,2]. Corneal ulcer is an inflammatory or more serious condition of the cornea involving a disorder of the epithelial layer with involvement of the corneal stroma. It is a common condition in humans, especially in the tropics and agricultural communities. In ophthalmology, corneal ulcers usually indicate an infectious cause while corneal erosion refers to physical erosion [2]. It is caused by trauma, especially



due to vegetables, as well as chemical injury, contact lenses and infections. Other eye conditions can cause corneal ulcers, such as as entropion, distichiasis, corneal dystrophy, and keratoconjunctivitis sicca (dry eye) [1].

Central corneal ulceration is a major cause of monocular blindness in developing countries. Surveys conducted in Africa and Asia confirmed this finding, [1-6] and a recent report on causes of blindness worldwide that consistently lists corneal scars second only to cataracts as the leading causes of blindness and visual impairment in many developing countries in Asia, Africa, and the Middle East including Yemen [1,2].

Given the importance of ulceration as a global cause of monocular vision loss, there are a few surprising studies evaluating pathogenic diseases that threaten populations to corneal infection [3,4]. Several researchers have reported the prevalence of bacterial and fungal pathogens isolated from ulcerated corneas, [3-9] but so far there has been no population-based study showing the true incidence of microbial keratitis in a developing country including Yemen.

The epidemiological pattern of corneal ulceration varies greatly from country to country and even from region to region. In order to develop a comprehensive strategy to diagnose, treat, and ultimately to prevention of corneal infections, ulcer-causing pathogens and responsible pathogenic organisms should be identified. Answers to these questions are crucial if a programmed of prevention is to be considered and if appropriate therapeutic measures are to be instituted. The purpose of this study was to evaluate all infectious central corneal ulcers seen in eye clinics in major hospitals in Sana'a city, Yemen over a period of 7 months from 1 January to 31 July 2017. The study documented the antecedent factors predisposing to onset of corneal ulceration and identification of specific organisms responsible for infection.

Materials and Methods

Patients

All patients with infectious central corneal ulcers presenting to eye clinics in major hospitals in Sana'a city, Yemen over a period of 7 months from 1 January to 31 July 2017 were included in the study. Consecutive patients were seen after the initial clinical diagnosis of corneal ulceration. Ulceration and loss of corneal epithelium were defined with underlying stromal infiltration and associated restriction, with signs of inflammation with or without hypopyon. A standardized form was filled on each patient documenting social and demographic information as well as clinical information including duration of symptoms, previous treatment, predisposed ocular conditions and associated risk factors.

Clinical procedures

Each patient was examined in a biological microscope by an ophthalmologist. The size of the epithelial defect was measured after staining with fluoresce with microscope and recorded in millimeters in a standardized shape. In a similar way the size and depth of stromal infiltrate were recorded. A sketch of each ulcer was also painted on the model using frontal and cross-sectional

diagrams, and the presence or absence of hypopyon and height measurement in millimeters were recorded. Eye-related conditions such as blepharitis, dacryocystitis, dry eyes, corneal anesthesia, or ocular leprosy were noted. After a detailed eye examination, corneal scraping was performed under sterile conditions on each ulcer by an ophthalmologist using a flame sterile Kimura spatula. Scraping was performed in the operating microscope after instillation of 4% lignocaine (lidocaine) without preservatives.

The material obtained from the anterior edge scraping and the base of each ulcer was inoculated directly onto blood agar, chocolate agar, dextrose agar (PDA), and in brain heart infusion broth (BHI) without gentamicin sulfate. Material from the corneal scraping was also smeared on three separate glass slides: one for Gram stain, one for Giemsa stain, and the third for microscopic examination as a KOH wet mount. When KOH smears were positive for amoebic cysts a further corneal scraping was performed and the material was inoculated onto non-nutrient agar overlaid with Escherichia coli in an attempt to isolate Acanthamoeba spp.

Laboratory procedures

The clinical samples culturing, and diagnosis were done at National Center of Public Health laboratories Sana'a (NCPHL). All bacterial cultures were incubated aerobically at 37°C. Cultures on blood agar and chocolate agar were assessed at 24 hours and at 48 hours and then discarded if there was no growth. Inoculated cultures in BHI were examined in a similar manner. Fungal cultures are incubated on the PDA at 27°C, examined daily, and discard at 1 week if there is no growth. Cultures on non-nutrient agar overlapped with *E.coli* were examined daily for the presence of Acanthamoeba spp and also discarded in one week if there were no signs of growth.

Microbial cultures were considered positive only if the growth of the organism itself appeared on two or more solid media; or there was a semi-wavy growth at the inoculation site on a solid medium connected to the identification of the organism from morphology and the staining properties of the stained cornea smears by Gram or Giemsa. Cultures for Staphylococcus epidermidis and diphtheroid were considered positive only if there was moderate growth on at least two solid media. Liquid media are found to be easily contaminated so that they cannot be relied upon to accurately identify organisms. Specific identification of bacterial pathogens was based on microscopic morphology, staining properties, and biochemical properties using standard laboratory methods. The fungi were identified by the characteristics of their colonies on PDA and their microscopic appearance in cotton lactophenol blue. Specific clinical diagnosis of HSV was performed by ophthalmologists and optometrists based on the presence of distinct clinical features.

Statistical analysis

The analysis of the data was performed using SPSS 21.0 for Windows (SPSS Inc., Chicago, IL, USA). The Mann-Whitney U-test was used to determine statistical significance of rate variations. The significance level was set at p < 0.05.

Results

Table 1: The age and sex distribution of patients of keratitis attending ophthalmic clinics in the main hospital of Sana'a city.

Age Group	Male	n=84	Female n =24		24 Total n= 108	
Age di oup	No	%	No	%	No	%
< 10 Yrs	4	4.8	2	8.3	6	5.6
10 - 15 Yrs	9	10.7	5	20.8	14	13
16 - 25 Yrs	10	12	3	12.5	13	12
26 - 35 Yrs	13	15.5	2	8.3	15	13.9
36-45 Yrs	11	13.1	3	12.5	14	13
46-55 Yrs	21	25	4	16.7	25	23.1
>56 Yrs	16	19	5	20.8	21	19.4
Total	84	77.8	24	22.2	108	100
Mean	39.4	Yrs	36.6	Yrs	38.7	Yrs
SD	19.5	Yrs	23.3	Yrs	20.4	Yrs
Median	40	Yrs	38 7	Yrs	40	Yrs
Mode	50	Yrs	50 \	Yrs	50	Yrs
Min	1 \	⁄rs	1 Y	rs	1 Y	rs
Max	80	Yrs	80 7	Yrs	80 '	Yrs

Table 2: The rate of occurrence of risk factors of contracting corneal ulcers in Sana'a city, Yemen.

Risk Factors	Number of Cases	Percentage
Previous eye surgery	6	5.6
Trauma	29	26.9
Dryness and trauma	3	2.8
Dryness	3	2.8
Exposure keratitis secondary to facial palsy	4	3.7
Previous viral infection	4	3.7
Previous eye surgery and DM	1	0.9
Post contact lens wearer	1	0.9
Chronic eye allergy	2	1.9
Systemic diseases	2	1.9
Previous eye diseases	6	5.6
Unknown	43	39.8
None	4	3.7
Total	108	100

The study results are presented in 7 tables (1-7 tables. In 7-month period 108 patients with central corneal ulceration were evaluated. The male to female ratio was 3.5:1, and the patient ranged in age from 1 to 80 years (Table 1). The most common risk factor was trauma in 26.9% of patients, followed by previous eye surgery and previous eye diseases of 5.6%. Other risk factors such as as dryness and trauma, facial palsy, previous viral infections, and dryness were counted as 2.8%, 2.8%, 3.7%, and 3.7%, respectively (Table 2). Agents responsible for the trauma were mainly vegetable matter in which it counts 36.4% of the total followed by blunt trauma in which it was 15.2%, while chemical injury was only 6.1% of total trauma (Table 3,4). In other hand 42.4% of patients were unknown of the agents responsible for the trauma (Table 3,4).

Cornea laboratory diagnoses were positive in 77 patients (71.3%). Of those individuals with positive cultures 46 (42.6%) had pure bacterial infections, 7 (6.5%) had pure viral infections, 6 (5.6%) had pure fungal infections, 12 (11.1%) had mixed bacteria and fungi, 1 (0.9%) had mixed viral and fungi, and three (2.8%) grew bacteria with parasitic infections (Table 5). The most common bacterial pathogen isolated was *Staphylococcus aurous*, representing 41.3% of all positive bacterial cultures, followed by *Streptococcus viridians* (6.3%), and *Staphylococcus epidermidis* (6.3%) (Table 6). The most common fungal pathogen isolated was *Candida albicans*, representing 41.2% of all positive fungal cultures, followed by Filamentous fungi (23.6%) (Table 7).

Table 3: Occupations of 108 patients with corneal ulceration in Sana'a city.

Occupations	Number	Percentage
Agricultural worker/farmer	12	11.1
Housewife/domestic	14	13
Tradesman/profession/ official	32	29.6
Student/child	27	25
Unemployed/unknown	23	21.3
Total	108	100

Table 4: Traumatic agents in 33 (30.6%) of 108 patients with corneal ulceration.

Traumatic Agent	Number of Cases	Percentage
‡Blunt trauma	5	15.2
Vegetable matter*	12	36.4
Chemical injury	2	6.1
Unknown	14	42.4
Total	33	100

Table 5: The prevalence rate of different microbial pathogens among suspected infective corneal infections among patients attending ophthalmic clinics in the main hospital of Sana'a city (etiological diagnosis of corneal ulceration in Sana'a city, Yemen).

Final Laboratory Diagnosis	Number	Percentage	Significance	
Pure Bacterial infection	46	42.6		
Pure Viral infection (HSV)	7	6.5	< 0.05	
Pure Fungal infection	6	5.6		
Mixed bacterial and fungal infection	12	11.1		
Mixed bacterial and viral infection	2	1.9	N/O	
Mixed viral and fungal infection	1	0.9	NS	
Mixed bacterial and parasitic (Leishmania) infection	3	2.8		
Etiological diagnosis	77	71.3	.005	
No microbiological growth	31	28.7	< 0.05	
Total	108	100		

Table 6: Bacterial isolates from corneal ulcers in Sana'a city.

Bacteria	Number of cases	Percentage
Staph. aureus	26	41.3
Acinetobacter spp	2	3.2
Strep. viridance	4	6.3

Nocardia spp	1	1.6
Bacillus Subtitis	1	1.6
Staph. epidermitis	4	6.3
Proteus spp	1	1.6
Haemophilus spp	1	1.6
Pseudo. aerogenosa	1	1.6
Strep. pnuemonia	1	1.6
Alcaligens spp	1	1.6
Haem. inflaunzea	3	4.8
Psuedomonus spp	1	1.6
Citrobacter spp	1	1.6
P. stuteris and Staph. aureus	2	3.2
Psuedo. aerogenosa and Alcaigens spp	1	1.6
Cronybacter and Chaedonium spp	1	1.6
Staph. aureus and Cronybacter spp	1	1.6
Staph. aureus and B. cereus	2	3.2
Staph. aureus and B. sulutis	1	1.6
Staph. aureus and P. aerogenosa	1	1.6
Staph. aureus and Pseudomonas spp	1	1.6
Staph. aureus and Bacillus	1	1.6
Micrococcus	1	1.6
Staph. aureus and Shigella	1	1.6
E. coli and positive gram bacterial	1	1.6
Bacterial growth	1	1.6
Total	63	100

Table 7: Fungal isolates from corneal ulcers in Sana'a Yemen.

Fungi	Number of Cases	Percentage
Aspergillus spp	1	5.8
Candida spp	7	41.2
Currularia spp	1	5.8
Filamentous fungi	4	23.6
Fusarium spp	1	5.8
Microsporidium spp	2	11.8
Sterial mycelus	1	5.8
Total fungi	17	15.7
Total number of ulcers	108	100

Discussion

In recent years, in Yemen, health care authorities as well as patients and family patients are increasingly concerned about the visual disability of corneal opacity. This general concern is well reflected in this study conducted, in our opinion (I and supervisors) this emerging issue should be discussed in the medical community in Yemen. To date, there have been no reports or studies conducted on the prevalence of various microbial pathogens among suspected infectious corneal infections among patients receiving eye clinics at the main hospital in Sana'a.

There is no doubt that the prevalence of visual impairment from corneal opacities varies from one geographical location to another, and in regions of the world where trachoma, onchocerciasis, leprosy and other infectious causes of eye diseases are endemic, blindness

rates may reach 3% of the entire population. In Yemen, there are no reliable statistics documenting the prevalence of corneal scarring blindness, but the incidence of corneal ulcer is more than 10 times higher (11.3 per 10,000) than in a similar population in the United States and developed countries [10].

In our study male represent 77.8 % (84) and female 22.2 % (24), and the predominance of corneal ulceration in males was most pronounced in the middle years with an overall ratio of male to female patients of 3.5 to 1.0 (Table 1). Our results are different from that reported from developing countries as India and Tanzania in which male to female ratio patients with corneal ulceration is roughly 1.5 to 1 [11-14]. The higher incidence of keratitis among males in our study than those in Indian and Tanzania studies can be explained by the fact that males in Yemen tend to develop corneal ulcers when they are presumed to be more physically active and more likely to develop keratitis than females.

The majority of ulcer patients in our study were craftsman / profession (29.6%), followed by students and children (25%), while agricultural workers / farmers and housewives / household were less common (11.1%, and 13%, respectively). The result of the current study professional profile differs from that reported in developing countries such as India and Nepal where the majority of ulcer patients were agricultural workers, housewives or workers (78.8%) and (72%) respectively [3,14]. However, our profession profile is similar to Ghana where only 16.1% of patients were involved in agricultural activity, and the majority of ulcer patients were trader / profession, students and children [9].

The agents responsible for trauma among our patients were mainly vegetable materials (36.4%) followed by blunt trauma (15.2%) while chemical injuries counted only 6.1% of the total trauma. The profile of traumatic agents in the present study differs from those in India, Nepal and Africa [12-15].

It was important that patients used some form of traditional or herbal topical treatment before seeking appropriate medical care. The most common treatment at home was the application of breast milk in the eye, although patients also used other different substances. Traditional forms of eye treatment appear to cross all national and cultural barriers [16,17]. Courtright, et al. [18] described the use of traditional eye drugs among patients with corneal diseases in rural Malawi. They found that rural patients, as in southern India, usually consult traditional village therapists even after treatment from trained Western medical staff. Traditional folk remedies in Malawi for corneal ulcers included applying plant products directly into the eye, intensely cleaning the face, and steam baths. Potential fungal or bacterial contamination of conventional drugs poses a real problem of potential adverse effects on the development and ulceration of the cornea.

Among the non-traumatic risk factors associated with the development of corneal ulceration, only 21 (19.4%) of all 108 patients in the current study (Table 2) had a predisposed ocular or systemic condition. By far the most common eye condition was facial palsy, dry eyes and chronic allergies. Facial paralysis, dry eyes

and chronic allergies are likely to undermine the corneas enough to allow the ulcer to develop. Di Bisceglie and Carmichael [19] and Dart, et al. [15], documented a similar list of predisposing factors in 71 ulcer patients in Africa.

Undoubtedly, the most common predisposing factor for corneal ulceration in Yemen is the history of corneal infection. Of 108, 29 patients (26.9%) had a history of corneal trauma caused by a variety of organisms (Table 7). Thylefors [20] and Singh, et al. [11] noted that superficial corneal trauma in developing countries during agricultural work often leads to rapid progress in corneal ulceration and vision loss. Even though the amount of blindness in the world caused by trauma is not accurately known, Thylefors [20] estimates that up to 5% of all blindness or at least half a million individuals worldwide have lost their sight secondary to trauma. In Yemen vegetable matter (wood, hay, and grass) was the most common cause of superficial corneal trauma (36.4%). Also 15.2% of all patients with a history of trauma had blunt trauma with metal objects, broom sticks, ball and cloth as the traumatic object. This was followed by 6.1% with chemical injury (Tables 3,4). So, any programmed of prevention obviously must address these traumatic agents of corneal injury associated with corneal ulceration.

Microorganisms of 77 (71.3%) were detected from 108 cultured corneas. This figure compares favorably with a study conducted in Ghana [9], where 57.3% of all cultures were positive, but did not approach the 80% isolation rate reported from Nepal by Upadhyay, et al. [3] or the recovery rate of 81.7% reported by Dunlop, et al. [8] in Bangladesh.

Even though multiple scrapings from the area of ulceration were performed and enriched media were used for inoculation as in the Nepal study [3], where there was an 80% recovery rate, the lower rate of isolation was attributed to the more widespread availability of topical medications in Yemen and their use in the majority of patients before evaluation. Approximately half (42.6%) of all patients had bacterial corneal ulcers originally. If the 14 mixed infections (13%) are also considered primarily bacterial for treatment purposes and are added to pure bacterial conditions, 58% of all positive ulcers of cultured ulcers cultivate bacterial pathogens. This figure is slightly higher than that approaching the rate of bacterial isolation in Ghana where Hagan, et al. [9] cultivated bacteria from 44.3% of 77 patients with positive cultures (Table 5).

Of the 63 bacterial isolates from 108 corneal ulcers, 41.3% were *Staphylococcus aureus* (Table 6). This number is different from findings in Nepal [9], India [14] and Africa [7] where *Streptococcus pneumoniae* was the most frequently isolated bacterial pathogen. Unlike the industrialized world, where *Pseudomonas spp* and other opportunistic organisms are the most frequent causes of bacterial ulceration because of contact lenses and other risk factors, so in Yemen *Staphylococcus aureus* should always be considered as the most likely cause of bacterial corneal ulceration until proved otherwise. Even though *Pseudomonas spp* has been identified as a frequent cause of corneal ulceration in some developing countries, [2,22] the importance of *Staphylococcus aureus* as a worldwide

cause of corneal infections should not be underestimated because of the implicit need for adequate therapy with broad spectrum antibiotics for all ulcers until an etiological diagnosis has been made [21,23,24]. Other important causes of bacterial ulceration the current study included *Pseudomonas spp* (7.2%), and *Streptococcus viridans* (6.3%) *staph epidermidis* (6.3%) and *Haemophalus influenzae* (4.8%). One third of these bacteria were found in pure culture while the remainders were mixed evenly between bacterial and fungal infections. These bacteria are undoubtedly a primary cause of corneal ulceration as demonstrated in a report elsewhere [15,20,25].

Of 17 fungal isolates cultured from 108 corneal ulcers 41.2% were Candida albicans, followed by and Aspergillus spp (5.6%), Fusarium spp (5.6%), and the remaining organisms were a diverse mixture of unusual fungal pathogens including a large number of unidentified filamentous fungi (23.5%). The fact that many of these organisms are insufficiently predictable and that in some cases it was difficult to determine genus was also reported by other investigators [26,27]. Different types of fungi can be easily described by a single spore culture. In this study any filamentous organisms that could not be positively identified by standard laboratory methods were listed as unidentified pigmented filamentous fungi. This pattern of fungal organisms, dominated by Candida albicans, is different from the spectrum of microbial keratitis reported from south Florida by Liesegang and Forster [26] and from Ghana by Hagan, et al. [9] in which Fusarium species accounting for 61% and 56% respectively. The climates in South Florida and Ghana are in many ways different from those of Sana'a, Yemen, which may explain the corresponding pattern of fungal organisms. However, our results resemble most of the world which, in most parts of the world, is Aspergillus spp or Candida albicans as a prevalent fungal pathogen responsible for fungal keratitis [28,15,10]. In the temperate climate of Nepal Upadhyay, et al (3) found that Aspergillus spp accounted for 47% of all fungal pathogens followed by Candida spp (13.2%) and Fusarium spp (11.7%). Obviously, fungal keratitis is an enormous public health problem in Yemen. The fact that 15.7% of all corneal ulcers seen at the Sana'a clinics was originally fungal and that the majority is caused by Candida albicans, one of the most virulent ocular pathogens ophthalmic pathogens, emphasizes the need for more effective diagnostic and treatment methods to reduce the burden of avoidable blindness.

Conclusion

The present study has provided useful information about the prevalence of bacterial and fungal corneal ulceration in eye clinics in Sana'a city-Yemen, the prevalence of keratitis was more common among male, middle age persons. *Staphylococcus aureus* was the most common bacterial isolate, fungal keratitis infection was less common than bacterial infections with predominant of *Candida albicans*. The time of symptoms with corneal ulcer before evaluation at hospital in Yemen is longer than that reported elsewhere and great risks of Keratitis were found to be associated with history of trauma, eye surgery, facial palsy and systemic diseases.

Recommendations

This study was developed primarily to determine the specific pathogens responsible for corneal ulceration Yemen. An attempt was also made to identify the epidemiological characteristics of the population at risk for corneal ulceration as well as those factors which predispose to the development of an ulcer. We feel that comprehensive surveys such as this are necessary to assess the specific epidemiological characteristics of corneal ulceration which are unique for each region and population. This knowledge is essential, firstly, to define the magnitude of the problem in terms of health care costs, human costs, and the economic burden of blindness and, secondly, to design an efficient public health programmed for the rapid referral, diagnosis, treatment, and ultimately the prevention of corneal ulceration in the population at risk. This approach has important public health implications for the treatment and prevention of corneal ulceration in the developing world

Future research should be directed at assessing the rate of infectious keratitis with large sample size and this study is only the first step in addressing this goal. Also, further studies must be done to determine all the etiological agents that cause keratitis other than microorganisms isolated for the all governorates of the country and the periodical testing of more recent antibiotics for accurate susceptibility.

Ethical Approval

The study protocol was approved by the Ethical Committee of the Faculty of Medicine at Faculty of Medicine, Sana'a University, Yemen (MECA NO: 2016/292).

Authors' Contribution

The manuscript was carried out, written, and approved in collaboration with all authors.

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The clinical samples culturing, and microbiology diagnosis were done at National Center of Public Health laboratories Sana'a (NCPHL).

Conflict of Interest

There are no conflicts of interest.

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