



Research Article

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Prevalence and Pattern of Third Molar Impaction in Sample of Yemeni Adults

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Abstract

Background and objectives: Third molar impaction is an important clinical issue because impacted teeth predispose to periodontal disease such as pericoronitis, periodontitis, and other problems such as cystic lesions, neoplasm, root resorption and can cause detrimental effects on adjacent tooth resulting in pain, discomfort and loss of function. The pattern of third molar impaction in Yemeni population has not been described; thus, the aim of this retrospective radiographic study was to determine the prevalence and pattern of third molar impaction, angulation and level of eruption in sample of Yemeni adults.

Materials and methods: The study sample of 609 patients chosen randomly from patients who visited MASS x-ray centers in Sana'a and Ibb cities. The data collected included presence and impaction state, angulation, and depth of impaction of third molars.

Results: Out of total population, 236 (38.8%) showed at least one impacted third molar. The condition was slightly higher in females (40%) than in male (35.1%). The incidence of impacted lower third molars were most frequent (22.8%) than impacted upper third molar (15.9%). The most common level of impacted third molars was level II (43.8%) the most common angulation of impaction in the mandible was the mesioangular (76.8%), the most common level of impaction was level II (43.8%) and position of impaction was B (72.6%). There was no significant difference in the frequency of impaction between the right and left sides of both jaws.

Conclusion: This study found that about 40% of Yemeni adult patients ranging in age from 18-28 years had at least one impacted third molar.

Keywords: Radiography, Panoramic; Third-Molar, Impacted Teeth; prevalence, Yemen

Introduction

Teeth grow to be impacted when they fail to erupt or develop in their proper functional location. Also; of all teeth, mandibular third molars are the most frequently impacted [1]. The tooth fails to erupt completely or partially to its correct position in the dental arch and its eruption potential has been lost and will not eventually assume a normal arch relationship with the other teeth and tissues. Many theories have been proposed owing to the causes of teeth impaction. One of them is the inadequate space in the dental arch for eruption as stated by the Phylogenic theory: due to evolution, the human jaw size is becoming smaller and since the third molar tooth is last to

erupt, there may not be room for it to emerge in the oral cavity then impacted teeth can be seen, because of lack of space [2]. Also, one of the most popular theory in high incidence of mandibular third molar impaction is insufficient development of the retromolar space [3,4]. Mandibular ramus growth is related to resorption at its anterior surface and deposition at its posterior surface, but in case of imbalance of this process, the mandibular third molars do not get enough space to erupt [5]. Third molar impaction is an important clinical issue because impacted teeth predispose to periodontal disease such as pericoronitis, periodontitis, and other problems

such as cystic lesions, neoplasm, root resorption and can cause detrimental effects on adjacent tooth resulting in pain, discomfort and loss of function [6]. The prevalence of third molar impaction in the human race usually ranges from 27–68.6% [7-9]. A few studies from the Arabic countries have reported the prevalence of impacted third molars to be 32–40.5% [8,9]. The pattern of third molar impaction in Yemeni population has not been described; thus, the aim of this retrospective radiographic study was to determine the prevalence and pattern of third molar impaction, angulation and level of eruption in sample of Yemeni population.

Subjects and Methods

Digital panoramic images obtained from a Sample of Yemeni Adult, the sample were collected in Sana'a and Ibb cities, which represent the largest population cities in Yemen. The sample 609 was selected from the data records of (MASS x-ray center) randomly, in which they meet the study criteria from January 2014 to December 2017. The panoramic radiographs utilized were taken with the same equipment Vactch (PaX-400C); the exposure settings were 90 kVp, 10 mA and the focal spot is 0,5 mm, varying according to the age and biotype. Panoramic radiographs were stored in software form. Therefore, no alterations related to storage conditions was occurred. All destroyed or defected and artifacted radiographs were not included in this study, also radiographs in which the second molar is missing for any reason were not included in the study. Data was recorded in a special form and two reference lines were made with the adjacent second molar. The first one is drawn with the longitudinal axes of the adjacent second molar and the second is drawn with the longitudinal axes of the impacted 3rd molar to determine impaction position. Classification and the relationship of the upper part of the crown of the impacted tooth to the occlusal surface of the adjacent fully erupted second molar was used to determine the levels of the impacted teeth.

According to Winter's classification, third molars are classified according to their inclination to the long axis of the second molar [10] as following:

- M: Mesioangular
- H: Horizontal
- D: Distoangular
- V: Vertical
- I: Inverted

According to Pell and Gregory classification system [11], where the impacted teeth are assessed according to their relationship to the occlusal surface (OS) of the adjacent second molar, and the relation of the third mandibular molar to the ramus of mandible and second molar as following:

Class I: Sufficient amount of space for accommodation mesiodistally of the crown of the third molar

Class II: The space between the ramus and distal side of second molar is, less than the mesiodistal diameter of the third molar.

Class III: The third molars is located within the ramus.

Classification according to the relative depth of the third mandibular molar in the bone

Position A: The highest portion of the impacted tooth is on a level with/above the occlusal line

Position B: The highest portion of the impacted tooth is below the occlusal plane, but above the cervical line of the second molar

Position C: The highest portion of the impacted tooth below the cervical line of the second molar teeth in relation to the long axis of impacted second molar.

For the impaction of upper third molar according to Archer's classification [11], they were classified as following:

- Sinus approximation: no bone or thin partition of bone between impacted maxillary third molar and maxillary sinus less than 2 mm
- No sinus approximation: 2 mm of bone between impacted maxillary third molar and maxillary sinus

Data analysis

Data was analyzed using SPSS program (version23). Frequency, distribution was generated to describe the prevalence and pattern of third molar impaction.

Ethical approval

Ethical approval was obtained from the Medical Research & Ethics Committee of the Faculty of Medicine & Health Sciences at Sana'a University. All data, including patient identification and X-rays, were kept confidential.

Results

Table 1 presents the distribution of fully erupted and impacted third molars by arch and gender; and association of impacted third molars arch with gender, A total of 236 (38.8%) patients had all third molars impacted, the prevalence of impacted mandible third molars (15.9%) was slightly lower than that of impacted maxillary third molars (22.8%) which was statistically significant ($p < 0.05$). The prevalence of impacted third molars in females (40%) was slightly higher than that of males (35.1%) which was statistically insignificant ($p = 0.23$). In the maxilla, females (17.9%) had more impacted third molar teeth than males (10.9%). In the mandible, females (22.1%) had slightly similar rate of impacted third molar teeth of males (24.1%) (Table 1).

Table 1: Distribution of fully erupted and impacted third molars by arch and gender; and association of impacted third molars arch with gender.

Gender	Impacted Upper (Maxilla)	Impacted Lower (Mandible)	Total Impacted	OR	CI 95%	P
Male n=174	19 (10.9%)	42 (24.1%)	61 (35.1)	0.8	0.5-1.6	0.23
Female n=435	78 (17.9%)	96 (22.1%)	174 (40%)	1.2	0.8-1.7	0.23
Total n=609	97 (15.9%)	139 (22.8%)	236 (38.8%)			

Table 2 shows the distribution of impacted third molars by jaw and side of the jaw; and association of impacted third molars arches with side of the jaw. There was no statistically significant difference

between the right and left impacted third molars within each arch (Table 2).

Table 2: Distribution of impacted third molars by jaw and side of the jaw; and association of impacted third molars arch with side of the jaw.

Side of the Jaw	Impacted Upper (Maxilla)	Impacted Lower (Mandible)	Total Impacted	OR	CI 95%	P
Right n=609	69 (11.3%)	49 (8%)	118 (19.4%)	0.8	0.4-1.4	0.51
Left n=609	70 (11.5%)	48 (8%)	118 (19.5%)	1.2	0.7-2	0.51
Total n=609	139 (22.8%)	97 (16%)	236 (38.8%)			

Table 3 presents the distribution of impacted third molars by angulations and side of the jaw; and association of impacted third molars with angulations types. Overall, mesioangular impaction

was the most frequent (76.3%), with associated odds ratio equal to 8.4 times and 95% CI=5.4 – 13 (p<0.001), followed by vertical (22.3%); while distoangular was rare (1.4%) (Table 3).

Table 3: Distribution of impacted third molars by angulations and side of the jaw; and association of impacted third molars with angulations types.

Angulations	Right n=69	Left n=70	Total n=139	OR	CI 95%	P
Mesioangular	53 (76.8%)	53 (75.7%)	106 (76.3%)	8.4	5.4-13	<0.001
Verticle	14 (20.3%)	17 (24.3%)	31 (22.3%)	0.37	0.1-0.5	<0.001
Destoangular	2 (2.9%)	0 (0%)	2 (1.4%)	0.01	0.001-0.06	<0.001

Table 4 presents the distribution of impacted third molars by level of impaction and side of the jaw; and association of impacted third molars with level of impaction. Overall, B position of impaction was the most common one (72.8%), with associated odds ratio

equal to 6.5 times and 95% CI=4.3 – 10 (p<0.001), followed by C position (25.1%) (p<0.001); while A position was rare (2.15%) (p<0.001) (Table 4 & 5).

Table 4: Distribution of impacted third molars by level of impaction and side of the jaw; and association of impacted third molars with level of impaction.

Level of Impaction	Right n=69	Left n=70	Total n=139	OR	CI 95%	P
I	30(43.5%)	22 (31.4%)	52 (37.4%)	0.9	0.6-1.3	0.7
II	29 (42%)	32 (45.7%)	61(43.8%)	1.3	0.8-1.9	1.9
III	10 (14.5%)	16 (22.9%)	26(18.7%)	0.2	0.1-0.4	<0.001

Table 5: Distribution of impacted third molars by position and side of the jaw; and association of impacted third molars with position of impaction.

Positions	Right n=69	Left n=70	Total n=139	OR	CI 95%	P
A	2 (2.9%)	1 (1.4%)	3(2.15%)	0.02	0.007-0.07	<0.001
B	50 (72.5%)	51 (72.8%)	101(72.6%)	6.5	4.3-10	<0.001
C	17 (24.6%)	18 (25.8%)	35(25.17%)	0.4	0.2-0.6	<0.001

Discussion

This is the first study to estimate the rate of third molar impaction in Yemen. A total of 609 patients were investigated for impacted upper and lower third molars. We recovered that 38.8% of patients had at least one impacted third molar, indicating how common impaction is and the need to discover the possible aetiological factors of this condition. This will assist decide whether this is an emerging problem or as a result of influences of the population’s ethnic background. The aetiology of third molar impaction has never been investigated among Yemeni population and there is a need to conduct future studies to assess the causes of this condition more extensively. In our study the prevalence of third molar impaction was (38.8%), which in other studies showed the prevalence of third molar impaction ranges from 16.7% to 68.6% [8,12-15].

The prevalence in Yemen according to our study was slightly higher than that reported by Fanning, *et al.* [16] in Australia (30.3%), and by Kramer and Williams in UK (33%) [17], On the other hand, it is less than that reported by Morris and Jerman [18] and Quek *et al.*

[8], who reported frequencies of 65.6% in a study of 5000 subjects in United States of America and 68.6% in a sample of 1000 subjects in Singapore[8].This difference may be explained by the fact that the genetic and racial differences are the two important factors in tooth impaction. Most studies have reported no gender predilection in third molar impaction [12,14,16]. But in our study there was a slightly higher rate in females (40%) compared to (35.1%) in male. Also some other studies, however, have reported a higher frequency in females than males [17-19].

Mandibular third molars were the most frequently impacted (22.82%), with the Mesioangular type of impaction was the most common. Like other studies carried in Pakistan, USA, Nigeria, China, Thailand, Spain and Malaysia, where the most common type was mesioangular impactions [20-22]. Class 2 level of impaction (43.8%) and the position B (72.6%) were the most common impactions like those reported in other studies [9,23]. Radiological examination of our patients revealed that mesioangular impaction was the most common type of angulation (76.3%) Table 3. This is in agreement with many other studies where the frequency of

mesioangular impaction was the common type of angulations [9,22-28].

However, the current study's results differ from study published by Reddy *et al.* [7] which found that vertical impaction was the most common type of third molar impaction. This could be due to the fact that a different method of classifying angulation was used in the current study. Another study classified angulation according to visual impressions based on Winter's classification method. In the current study, vertical impaction was observed in 22.3%, which is less than the findings of Byahatti *et al.* (38%) [25] and Sandhu *et al.* (42%) [23] in Libyan and Asian-Indian populations, respectively. An analysis of the level of impaction showed that level B was the most common level of impaction (72.6%). This agrees with the results of other research which reported that level B was the most common level of impaction [9,23].

Conclusion

Our study is the first retrospective radiographic study to determine the prevalence of third molar impaction in young Yemeni adults. A slightly higher prevalence found, with 38.8% of these Yemeni adult patients having at least one impacted third molar, highlights the need to raise awareness among dental practitioners. More studies should be carried out to decide how many patients with impacted third molars are symptomatic or actively look for treatment. Additional studies are required to determine the pattern of third molar impaction in other regions of Yemen.

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Conflict of Interest

No conflict of interest associated with this work.

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