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## Opinion

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# Efficacy of Weka for Medical Data Mining: Ambulatory Blood Pressure Monitoring as A Case-Study

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## Introduction

(i)

Ambulatory blood pressure monitoring (ABPM) gradually gained weight from the early 1960s. ABPM, alias 24-hour blood pressure trial, is one routine medical test for diagnosing and prophylactics of circulation upsets, particularly hypertension, even disguised [1]. Many medical databases exist concerning ABPM, sometimes quite detailed and ponderous enough, like [2]. Medical databases can comprise dozens and hundreds of various attributes, hundreds and even thousands of instances. Detalization makes such datasets rich on the one hand but just "big data" on the other. "Big data" scares clinicians, who are primarily unfamiliar with modern data mining means. One innovative solution is comprehensive visualization and graphical user interface (GUI) for medical data mining tools.

WEKA is modern, Java-based software for data mining, successfully developing the GUI methods and visualizing means during the last two and half decades [3]. Despite WEKA having an evident power for practical data mining, this software is not too popular in Ukraine; We know only one short course dedicated to WEKA that is reading in Igor Sikorsky Kyiv Polytechnic starting in 2018 [4]. The authors hope this report could help to well publicity for outstanding soft, which is free besides.

Let us consider the initial ABPM dataset [2]. The study was performed by 159 women and 101 men aged between 14 and 92. So the dataset contains 270 instances. The ABPM records were attained by a qualified cardiologist from the Serif Medical Teaching Hospital, Cardiology Department, in Algeria [2]. Each patient was characterized by 40 attributes and six levels (circadian rhythm manifesting, blood pressure load, morning surge, validity, pulse pressure, and blood pressure variability). Thus, it looks like genuine "big data" from the point of view of a clinician.

Let us preprocess the initial dataset with WEKA. One can remove all the database's invalid instances (exemplars) from the beginning. Besides, one can remove the labels "Validity," "Blood Pressure Variability," and attribute "Interrupt" because the two first are inherited in all remained instances, and this third contrarily is now absent there in the whole. As a result, instead of six levels (possible classes) of Table 1, there left only four: Circadian Rhythm, Pulse Pressure, Blood Pressure Load, and Morning Surge. Thus, one has a reduced but fully valid data set with 36 attributes (including four possible binary classes) and 185 instances. The dataset is still bulky enough, but "the process already started."

Blood pressure load is the percentage of blood pressure readings equal to or above the cutoff point for determining elevated

readings. Thus, blood pressure load provides valuable information for diagnosing hypertension. Higher this parameter, so more likely it is hypertension for a patient. There are two unequal and imbalanced classes of the patient in our dataset: 124 with blood pressure load and 61 without one. Let us apply the attribute selection filter to this dataset. Weks has several similar filters, and Cfs Subset Eval is one of them. It evaluates the worth of a subset of attributes by considering each feature's predictive ability and the degree of redundancy between them. Subsets of attributes highly correlated with the class while having low intercorrelation are preferred. Only four numeric attributes from 36 were overcome throughout this filter. These are Pulse pressure (Pulse-Pressure), Night Blood pressure Systolic Average (BPS-Night24), Day Blood pressure Systolic load value (BPS-load-Day), and the lowest Blood pressure Systolic night (low-BPS-Night).

WEKA allows the ranking of obtained attribute subsets. (Figure 1) shows the relative ranks of these attributes. The rating was obtained using the Info Gain Attribute Eval algorithm that evaluates the worth of an attribute by measuring the information gained concerning the class.



The attribute is BPS-load-Day, or the day Systolic blood pressure load value (from 0 to 100%) has the highest rank, the most correlated with the nominal classes. Hence, the visual classification is most reasonable by ty this attribute (Figure 2). Indeed, Figure 2 correctly classified 184 instances from 185. Thus, the typical problems of Machine Learning and data mining, such as classification and selection of attributes and their ranking, are well-solvable within WEKA software even without expertise in Java. Mainly it is due to the detailed visualization of all of the mining operations within WEK a, and especially it concerns the last versions of the software. The authors, among them, is the dean of the Medical Institute of our university, are convinced of the necessity of WEKA courses in the education process. It touches both kinds of students: computer engineers and medics, though the content of these courses should be different, to be sure.



**Figure 2:** WEKA visualization of two Blood pressure load classes (either 0 or 1) in dependence on the main numeric attribute (BPS-load-Day) value (from 0 to 100 %) with the vertical borderline near 40%. The slight jitter of points helps to clarify the graph. This chart shows only one incorrectly classified point from 185. It is instance No.96 with BPS-load-Day equal to 84.6 %, which is erroneously enrolled to the 0 class instead 1 one.

### Acknowledgment

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#### **Conflict of Interest**

No conflict of interest.

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