



What Is the Difference Between Treating the Energy Alterations and Not Just Treating the Symptoms in Cardiology Patients?

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Introduction

Nowadays, it is very common to see patients with shortness of breath and edema of the lower limbs with a finding of mitral stenosis on the echocardiogram and the symptoms being diagnosed as being caused by the anatomical alteration found in the laboratory tests [1]. I recently attended a patient in my clinic with exactly these changes, he was about 70 years old and had a history of alcoholism, ascites, lower limb edema, and was having dyspnea. It was found in the echocardiogram examination, mitral stenosis, and the patient was referred to have surgery to correct this anatomical alteration. What we could see in the evolution of this case is that this patient, instead of improving the shortness of breath with the surgical correction of the anatomical alteration, the patient worsened the shortness of breath in addition to having evolved for osteomyelitis of the sternum, which did not improve with any prescribed antibiotics. He even took antibiotics in a vein for almost a year, without having improved his infectious condition, and having as a complication an intense weakness and a darkened color in both lower limbs, which was not there before the treatment, caused by chronic use of antibiotics and other medications [2].

Having not improved with the normal prescriptions of Western medicine, the patient came to see me to check the possibility of improvement using other techniques [2]. I measured the energy of his five internal massive organs (Liver, Heart, Spleen, Lungs, and Kidney), measuring the energy of the chakras' energy centers studied by Ayurvedic medicine, using a crystal pendulum, and what I

found was an intense lack of energy in these organs (rated one out of eight) which are the energies responsible for producing our vital energy, that are the energies responsible for maintaining all the functions of our body, such as hearing (Kidney), communication (Heart), vision (Liver), smell (Lungs), and taste (Spleen) in addition to many other functions discussed in other previous articles such as in the article written by myself (2019) which title is *The Importance of Correcting Energy Imbalances and Chakras Energy Deficiencies in the Treatment of Patients with Glaucoma* [2].

Faced with this finding, I started the treatment of the imbalances of these internal energies using firstly alterations in the diet, according to Chinese dietary counseling, to promote a rebalancing of the internal organs' energy, orientating the patients to avoid the ingestion of foods with cow's milk and dairy products, raw foods, sweets, and Cold liquid intake, very common in our Western culture. These guidelines are important to balance the energy of the Spleen-pancreas, responsible for the absorption of nutrients and Blood formation. The imbalance of this meridian could cause more fluid retention and worsen the patient's ascites and formation of secretion in the mediastinum infection. In addition, the patient was advised to avoid drinking coffee, tea, and soft drinks, as the patient had a deficiency in the second chakra, which corresponds to the Kidney's energy, responsible for the production of *Yin* and *Yang*, and if we do not treat these energies alterations, the patient would still producing yellowish secretion due to formation of internal Fire, caused by energy deficiency condition [3].

In view of the mediastinum and external bone infectious process, he was instructed by me to suspend the antibiotic and the 6 intravenous ampoules per day of furosemide that the patient was using (because the antibiotics and furosemide are considered highly concentrated medications that would cause reduction even more of the patient's vital energy, and increasing the formation of internal Fire, responsible for the infectious manifestations symptoms). He was advised to avoid the ingestion of fried foods, chocolate, honey, coconut, pepper, and alcoholic beverages, in addition, to avoiding the ingestion of melted cheese, as all these foods could increase the internal Heat build-up and produce more infectious symptoms, causing more production of yellowish discharge at the sternum bone incision. It was associated with auricular acupuncture with daily apex ear bloodletting initially to release the internal Heat and also it was used homeopathic medicines to increase the energy of these organs through the theory written by myself (2020) titled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* created by myself in 2015 and published in 2020. The use of this theory is very important nowadays because all pathologies have in common, this lack of energy in the five massive internal organs and the use of these medications is of great importance to increase the energy of these organs to increase our immune system and reduce the chance of acquiring any infectious or non-infectious disease [3, 4].

Phosphorus was used to restore the Liver's energy, Sulphur was used to restore the energy of the Heart, Calcarea Carbonica was used to restore the energy of the Spleen, Silicea was used to restore the energy of the Lungs, and Natrum muriaticum was used to replenish the Kidney's energy [4].

After the first session of auricular acupuncture and change in the diet, especially it was orientated the ingestion of warm water (to balance the energy of Spleen and pancreas energy), the patient urinated much better than before and it was removed the venous access used to infuse the antibiotics and diuretics) and I prescribed Thuja occidentalis 6CH orally three times per day, a homeopathy medication to increase the diuresis and has the property to tone the Spleen and pancreas energy. With the withdrawal of these highly concentrated medications, the patient's vital energy increased, and he was able to double the volume of urine that he was having before this energy-based treatment. The patient's abdomen gradually reduced and the infectious process that the patient was suffering in the sternum bone improved without the need to use antibiotics, as what was causing the infectious process was the lack of internal energy presented by the patient inside the five internal massive organs, proofed by the radiesthesia procedure, with the formation of internal Heat, which with the post-therapeutic process, it was possible to treat, only restoring the vital energy of all the internal organs, as I had demonstrated in other previously published articles written by myself (2022) which title was *Immunodeficiency Generated by Energy Deficiency as the Cause of Non-Improvement of Nosocomial Osteomyelitis in the Knee Post Motorcycle Accident*. As said by Hippocrates (c. 460 BCE - c. 375 BCE), "the disease is a natural process caused by natural reactions of the body to the disease process and the function of the doctor is to help the body to overcome

the imbalances in the metabolism and restore harmony and health of the body" [5, 6].

In several scientific articles written by myself, I used the figure of the tree to demonstrate the different areas of the tree that Western Medicine and Traditional Chinese Medicine use in their diagnosis and treatment. In the case of this patient in question, his symptoms of shortness of breath that had generated the investigation and arriving at the picture of mitral stenosis were all at the "leaf" level but according to traditional Chinese medicine, the cause of all symptoms is at the "root" level, regardless of the type of diagnosis in any kind of specialty. It also considered the influences of external pathogenic factors inducing the formation of disease, such as the influences of Cold, Wind, Heat, Humidity, and Dryness in our health [7, 8].

Therefore, perhaps if we had treated his energy imbalances at the root of the tree instead of doing surgery to correct the mitral valve, perhaps we would have avoided having the surgery and prevented the patient to catch an infection in the sternum, avoiding many complications of this procedure, which in the truth was not the real cause of his symptoms. Diagnosis by Chinese medicine is really not very easy to make because the energy alterations are invisible to the naked eye but are the cause of the manifestations of the majority of infectious and noninfectious diseases [1-11].

This problem is not very uncommon and has already been published in another article written by myself (2020) titled *Energy Alterations Leading Do Dyspnea in Patients with Mitral Valve Stenosis*, where the patient reported in this article had shortness of breath and developed a syncope, where they were diagnosed with mitral valve stenosis and it was submitted twice to the surgery, to correct this alteration in the valve, however, the patient did not improve her dyspnea symptoms after the two surgeries, she only presented more weakness after the surgical process. The patient was submitted to the measurement of the internal energy of the five massive organs through radiesthesia procedure, after the two surgeries, and what I found was that all her internal massive organs were without any energy in the Liver, Heart, Spleen, Lungs, and Kidney, which was the cause of her dyspnea, as reported in the article. In this case, the shortness of breath was caused by the difficulty in the transmission of energy from the Lungs to the Kidney. When the Kidney does not have enough energy to receive the energy from the Lungs (according to the Five Elements Theory), the transmission of this energy is blocked, and the patient will feel dyspnea. All these energy alterations were explained in the article written by myself (2021) titled *Chakras' Energies Deficiencies as the Cause of Dyspnea Post COVID-19 Treatment*, and in the second article also written by myself (2021) titled *Are The Pulmonary Manifestations in COVID-19 Really Caused by the Virus?* [1, 11-13].

Therefore, since the time of Hippocrates (460 BCE – 375 BCE), the father of medicine, says in one of his commandments, that "we should treat the patient and not the disease that the patient has". Therefore, in these two examples presented in this article, the patients had an alteration in the mitral valve, but this alteration was not the cause of the manifestations of shortness of breath, but due

to the energy deficiency in the five internal massive organs, mainly in the Kidney, leading to a blockage in the flow of energy transmission from the Lung to the kidney, as I explained in the article I wrote (2021) entitled *The Pulmonary Manifestations in COVID-19 Really Caused by the Virus?* [13].

Therefore, if we treat the patient by treating the energy imbalances present at the “root” of the tree, we will be able to treat all the symptoms of patients of all specialties at the same time, even if the doctor does not know that the patient has such a symptom. This theory was presented by myself at an Acupuncture Research Conference at Harvard Medical School in Boston in 2015 and published in several articles that I wrote describing the patient who generated this theory in 2006 I will briefly tell his story so you understand what I want to tell you [2].

This patient was 70 years old and had been treating leg pain without improvement using anti-inflammatories for the last 6 months. He came to my clinic looking for me to treat him with another type of approach and in his energy imbalances diagnosis, was Kidney *Yang* energy deficiency (because he usually feels colder in his feet). This patient improved after 10 acupuncture sessions and told me that he had improved also from another condition that he did not tell me about, which was increased intraocular pressure. He had been treated for his glaucoma with eye drops for the past 40 years with no improvement in his intraocular pressure. But with the treatment of his energy imbalances that I used to treat his leg pain; it was possible for the first time in his life to reduce his intraocular pressure from 40 to 17 mmHg [2]. Therefore, in the case of patients with cardiac diagnosis, if we treat energy imbalances, we will be able to treat the real cause of the problems, as in the case of arterial hypertension, for example, most are treating this manifestation of hypertension with antihypertensive drugs, but the real cause is at the “root” of the tree, as I am demonstrating in the article written by myself (2019) titled *Energy Alterations as the Underlying Cause of Primary Hypertension* [14].

In the same case, patients who are treating their bradycardia by placing a pacemaker, I described in an article written by myself (2020) titled *The Importance of Correcting Chakras Energy Centers Alterations to Prevent Pacemaker Indication*, that these patients are presenting the necessity of implanting pacemaker due to energy deficiency in the five internal massive organs (Heart, Spleen, Lungs, Kidney, Liver) and the treatment of these energy deficiency conditions, could prevent these patients from being submitted to these invasive procedures of implanting a pacemaker, which can bring other complications nowadays, due to the need to use anesthetics, taking a greater risk to the patient, due to lack of energy in these five internal massive organs as the basis of all diseases nowadays, as I am showing in the article written by myself (2022) entitled *Are Patients Without Surgical Risks Really Without Surgical Risk?* [15, 16].

Patients who have a myocardial infarction also have in common a lack of energy in the five internal massive organs, leading to a lack of energy to circulate the Blood, leading to a picture of myocardial infarction. The usual treatment nowadays is necessary to treat

the emergency, but there is a need to treat the existing energy deficiencies in the “root” of the tree, which are often not being treated, increasing the risk of the patient progressing to another myocardial infarction or other disease based on Blood stagnation, due to energy deficiency, even without arterial obstruction or evolve to another clinical presentation of thrombosis in any part of the body, as I am showing in the article written by myself (2022). which title is *Energy Alterations in Patient with Deep Vein Thrombosis and what do we need to in addition to the Use of Anticoagulant Medications?* [17].

Patients who have changes in heart rate, such as patients with tachycardia, are also based on changes in the energy of the five internal massive organs, and the treatment of these energy alterations, replenishing the energy of these five internal massive organs using highly diluted medications according to the theory created by myself (2020) titled *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine* and tools in traditional Chinese medicine (such as auricular acupuncture with apex ear bloodletting and Chinese dietary counseling) leads to an improvement in the condition presented by the patients, as I am reporting in another article written by myself (2021) titled *Energy Imbalances and Chakras' Energy Deficiencies as One of the Causes of Tachycardia* [18].

To finish this article, I would just like to emphasize that patients who are presenting a clinical picture of congestive heart failure also have energy deficiency in the five internal massive organs and the treatment of these energy deficiencies can make the Heart work properly again, as the cause of Heart failure is also related to this lack of energy from the Heart (or third chakra according to Ayurvedic medicine). According to the theory of the five elements of traditional Chinese medicine, the Heart receives energy from the Liver which receives energy from the Kidney. The kidney receives energy from the Lung and the latter receives energy from the Spleen, closing the cycle. As I said, these patients have energy deficiency in these five internal massive organs and the treatment of this lack of energy with highly diluted medications through the theory created by myself (2020) titled *Constitutional Homeopathy theory of the Five Elements Based on Traditional Chinese Medicine* causes patients with heart failure to have heart working again, without having the symptoms that cripple them in life because the energy that was lacking was re-established and promptly replaced, treating the cause of the Heart deficiency problem and not just the symptoms. This new form of treatment for patients with Congestive Heart Failure was written by myself (2021) in the article titled *Chakras' Energy Deficiencies in Patients with Congestive Heart Failure* [4, 19].

In this case, Hippocrates (460 BCE - 375 BCE), was right when he stated “the need to treat the patient and not just the disease of these patients” because, according to him, “it is much more important to know what kind of patient we have than to know what kind of disease the patient has” [5]. For this reason, the treatment of energy alterations in the “root” is much more important than treating just the symptoms that cardiology patients have. When treating the symptoms using medications recommended by Western medicine,

this process will cause more energy deficiency in the “root” of the tree, where there are energy alterations in the patients. According to Arndt-Schultz Law, created in 1888 by two German researchers, they are saying that the use of any kind of highly concentrated medication will drop the patient’s vital energy leading to complications or even death of this patient. For this reason, in this article, I am showing the necessity to use more highly diluted medications according to Hahnemann’s (1755-1843) theory or according to the theory created by myself (2020) using traditional Chinese medicine reasoning but utilizing homeopathy medications according to the theory of *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* to replenish the energy of all five internal massive organs, that are the cause of all disease formation, as I am showing in the article written by myself (2021) which title is *Energy Alterations and Chakras’ Energy Deficiencies and Propensity to SARS-CoV-2 Infection* [4, 20].

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Conflict of Interest

No conflict of interest.

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