



Research Article

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Incidence of Morphine in Codeine Positive Urine Drug Tests

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Abstract

Urine drug tests monitor both codeine and morphine. It is expected that the presence of codeine should be accompanied by morphine. We observed about 6.14% of our positive codeine results were negative for morphine. At concentrations of codeine greater than 10,000ng/mL, we observed low concentrations of morphine consisted with attempted deception.

Keywords: Codeine; Morphine; Urine drug tests; CYP2D6

Background

Codeine is produced by the poppy seed plant. Once ingested by patients some of the codeine is metabolized to morphine and both the codeine and morphine can be detected in urine. It is argued that the codeine analgesic effect is due to this conversion to morphine by the CYP2D6 enzyme [1]. There has been one recent report finding cases of codeine without morphine in positive urine drug tests [2]. We wished to determine if the presence of codeine and not morphine was a common occurrence.

Methods

Our test population was from pain and rehabilitation clinics as previously described [3]. We examined 35,589 urine drug tests positive for codeine between Jan 1, 2020, and May 2023. The test method was that of Krock et al. [4]. The data analysis was previously described [5]. We segregated the data by the amount of codeine observed. These data sets were Codeine 50-500ng/mL, Codeine 500-1000ng/mL, Codeine 1000-5000ng/mL, Codeine

5000-10000ng/mL and Codeine above 10000ng/mL. (Table 1)

Results

We observed that in 10,000 patient samples positive for codeine, about 6.14% were negative for morphine. For those that were positive for both morphine and codeine, at the lowest concentration bracket the median ratio of morphine to codeine was 26 to 1, this declined as the concentration of codeine increased which is visually depicted in the Box plot (Figure 1). At the lowest concentrations of codeine, we observed much more morphine than codeine (median log ratio 1.420). This ratio decreased as the concentration of codeine increased to 1.264 at 500-1000ng/mL; 1.194 at 1000-5,000ng/mL; 0.966 at 5,000-10,000ng/mL and -1.087 at concentrations greater than 10,000ng/mL. However, at concentrations of codeine greater than 10,000ng/mL, there was a breakdown in this ratio. Codeine was observed to be much greater than that of morphine.

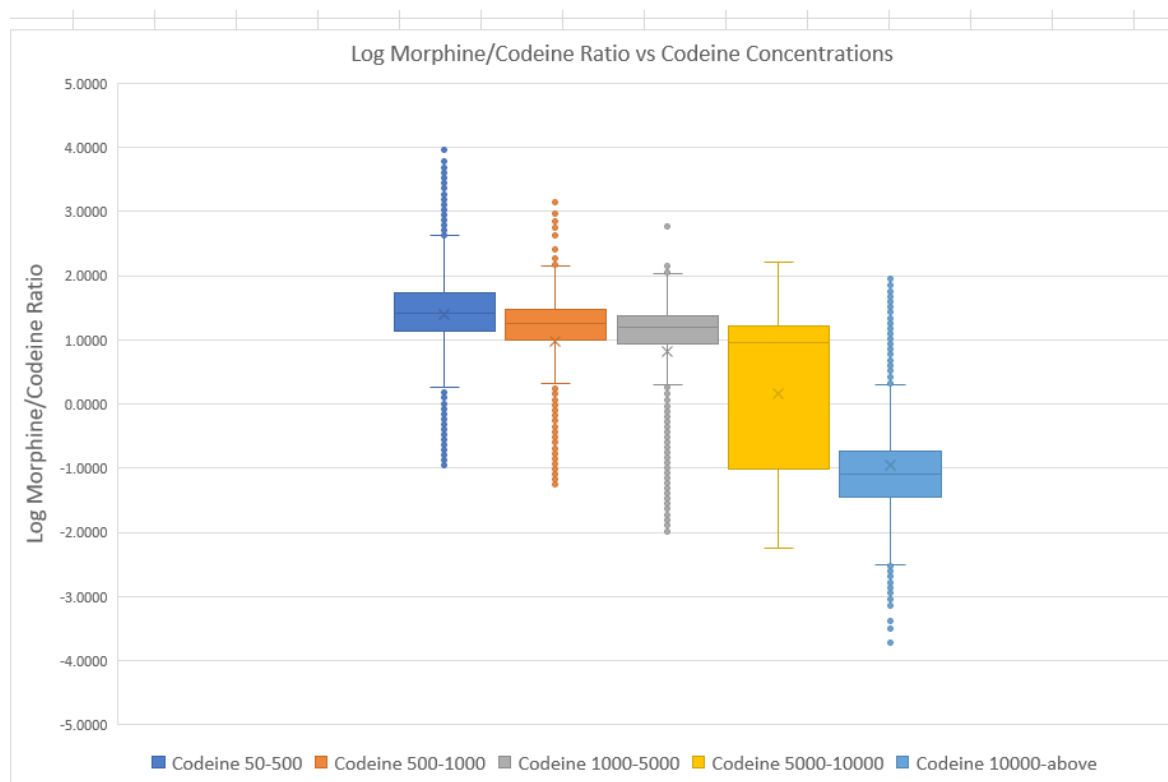


Figure 1: This is presented graphically.

Table 1: Summary data for urine specimens positive for morphine and codeine.

Codeine	Codeine 50-500	Codeine 500-1000	Codeine 1000-5000	Codeine 5000-10000	Codeine 10000-above	
Count	10463	3697	10551	3793	7085	Number of data
Mean	1.396	0.973	0.819	0.169	-0.953	X in the box
SD	0.87	0.844	0.945	1.2	0.918	Standard deviation
Min	-0.962	-1.257	-1.981	-2.248	-3.72	Minimum (including outliers)
Q1 (First Quartile)	1.143	1.007	0.937	-1.021	-1.447	Bottom of the box
Median	1.42	1.264	1.194	0.966	-1.087	Line within the box
Q3 (Third Quartile)	1.736	1.468	1.381	1.221	-0.743	Top of the box
Max	4.045	3.212	2.778	2.219	1.957	Maximum (including outliers)
IQR (Interquartile range)	0.594	0.461	0.444	2.242	0.704	Q3-Q1
Lower Outlier limit	0.252	0.315	0.271	-4.385	-2.503	Q1 - (IQR x 1.5)
Upper Outlier limit	2.627	2.16	2.046	4.585	0.314	Q3 + (IQR x 1.5)
OUTLIERS Total Nos.	2330	746	2329	0	948	Outliers
% Outliers TOTAL	22.27%	20.18%	22.07%	0.00%	13.38%	% Outliers TOTAL

Lower Outliers Nos.	1303	731	2314	0	817	Lower Outliers Nos.
Upper Outliers Nos.	1027	15	15	0	131	Upper Outliers Nos.
Lower Outliers %	55.92%	97.99%	99.36%	#DIV/0!	86.18%	Lower Outliers %
Upper Outliers %	44.08%	2.01%	0.64%	#DIV/0!	13.82%	Upper Outliers %

Discussion

The lack of conversion of codeine to morphine is not unexpected. The expected failure to transform codeine to morphine based on CYP2D6 polymorphisms is about 7% (based on our previous work) [6]. In this study we observed it to be 6.14%. Our observations are consistent with those of Reisfeld et al [2]. As noted in our previous work, the high concentrations of codeine with little or no morphine were consistent with attempts at deception leading to a greater portion of the specimens having low metabolite to parent drug ratios [7]. Our conclusion is that the presence of codeine in urine drug tests will not always have morphine as a companion drug.

Acknowledgement

All the authors are employees of Precision Diagnostics LLC.

Conflict of Interest

There are no conflicts of interest.

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