

Research Article

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# Is Limited Medical Science Research in Personalized Treatment of General Population will Solve the Psychological Problems?

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## Abstract

A trustworthy society is the only growth factor of psychology of all mankind, bringing one regulation over another one without medical research at large is potentially detrimental to psychology and can bring more social injustice and intolerance and anger. Research on person centered treatment is the solution to improve well-being.

**Keywords:** Psychology; Mankind; Society; Biomarkers; Addiction; Intolerance; Regulation

**Abbreviations:** MAT: Medication -Assisted Treatment; SAMHSA: Substance Abuse and Mental Health Services Administration

## Introduction

Treatments of wellbeing of humankind is depends upon many factors, the medical research is one part of these. The recent availability of the biomarkers detection in different metabolic pathways is changing the scenario of physical and mental wellness and advocating the efforts of Carl Rogers Client-Centered Therapy [1].

Patients using the medication which are not related with their disease process affects their psychology to a profound level. As we consider ourselves biological machines along with soul impact factor, so we have to take account of these both factors. Considering this we have to evaluate the each and every metabolic interference whatever the starting point of this, we need to reach to the root cause.

Addiction is still needed to be defined in precise way, as addiction of fear to lose the job or your status is hallmark of all

minor addictions. We need to have the functional imaging of brain for those who are addicted with fear and pushing towards social injustice. Substance abuse is an addiction and cannot be defended on any cost but fear abuse and inequalities in human history always bring the downfall of human psychology and no addiction medical board or artificial intelligence can resolve this issue until we address it at basic root level.

Trust on each other can build the society addiction free because the greatest psycho treatment is trust on each other. One can bring one regulation over another one to help the general people like Medication-Assisted Treatment (MAT) by the substance abuse and mental health services administration which is good but real help will be only when we will build the trust to care each other in the society for which CARES Act will be amended soon [2] and it will transform the society.

## Discussion

Medical research to support the nutritional psychology is in infancy and need a focus from all researchers to build a better connection in the society [3]. The role of micronutrient and finding a missing component of metabolism which we call as biomarkers have a significant potential in building the psychology of a person. There for as psychology of an individual is very much personalized then it should be build person oriented and substance abuse or use should also be treated in that way. The main question is aggressive behavior due to past bad experiences need to be explored on the biomarkers level [3-5] and equally with trust level which one cannot measure by any assay.

Some patients using so called controlled medication for their disease and get relieve to some extent of symptomatology of disease but usually suffering in the vicious stigmas of addictions by those people who don't understand the actual story of best management due to researchers' limitations [6]. Pain is very big problem both physically and mentally, and suffering in pain should be avoided by tailored treatment [7].

The attendees of outpatient department and home care officials need to build the trust in the society that patients are not alone and whole social set up is with them to support them in every way of life, so they can feel that they are not alone in fighting with their own personal magnificent biochemical and social architect. And thanks to substance abuse and mental health services administration (SAMHSA) making the amendment in CARES Act2 to build the society.

## Conclusion

Social justice and exploration of root cause by the help of modern medical research will solve the issues for improvement of psychological and physical health care.

## Acknowledgement

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## Conflict of Interest

Authors declare no conflict of interest.

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