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**Research Article** 

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# Comparative Study on Antimicrobial Activity of Four Bangladeshi Medicinal Plants Used as Antimicrobial Finishes on Cotton Fabric

Md. Ashraf<sup>1\*</sup>, Md. Hadisur Rahman<sup>1</sup> and Mustafijur Rahman<sup>2</sup>

<sup>1</sup>Department of Wet Process Engineering, Bangladesh University of Textiles, Bangladesh

\*Corresponding author: Md. Ashraf, Department of Wet Process Engineering, Bangladesh University of Textiles, Dhaka, Bangladesh.

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#### **Abstract**

Considering the post COVID19 pandemic situation, it can be assumed that using safer clothing will be a great attraction point for consumers across the world. In that scenario, effective antimicrobial finishes that are readily available and cheap would contribute to the consumer demand of safer clothing. This study scrutinized the antimicrobial activity of bleached cotton fabric treated with extracts of *Ocimum tenuiflorum* (Basil), Mentha spicata (Spearmint), *Centella asiatica* (Indian pennywort) and *Azadirachta indica* (Neem) as antimicrobial finishes. The study aims at assessing the comparative activity of four abovementioned natural medicinal plants which can be used as ecofriendly antimicrobial finishes for textiles. Bleached cotton fabric samples were treated with plant extractions following exhaust method and then evaluated by using ASTM E2149-01 method against gram positive bacteria *Staphylococcus aureus* and gram-negative bacteria *Escherichia coli*. The results depicted that all the four samples showed antimicrobial activity with more than 95% reduction of micro-organisms. Among the four, *Ocimum tenuiflorum* (Basil) showed the best result against both *E. coli* and *S. aureus* with reduction percentage of 98.81% and 99.16% respectively. Although *Azadirachta indica* (Neem) has comparatively the lowest performance against *E. coli*, its antimicrobial activity against *S. aureus* is very close to *Ocimum tenuiflorum* (Basil).

**Keywords:** Antimicrobial finish; Antimicrobial activity; Safer clothing; Cotton fabric; Basil; Spearmint; Indian pennywort; Neem; Bangladeshi medicinal plants

# Introduction

Antimicrobial finish is an overwhelming area in the field of medical textile. It has significant technical and commercial applications in healthcare. The operation which is done to improve the appearance and usefulness of the textile fabric is generally known as textile finishing. Among two types of textile finishing, mechanical and chemical, antimicrobial finishing can be counted in chemical finishing. Antimicrobial finish can change fabric's several properties, for instance aesthetic properties, physical properties, texture and appearance [1]. The application of natural antimicrobial finishes to textiles can protect the human body from microbes. Microbes are undetected in naked eyes as they are tiniest in nature. They include variety of micro-organism e. g bacteria, fungi, algae

and virus [2]. Among two types of bacteria, gram positive bacteria such as *Staphylococcus aureus* are mainly responsible for wound infection, toxic shock, osteomyelitis and other diseases. Nonetheless, the gram-negative bacteria *Escherichia coli* causes several infection diseases [3]. Human body comes in contact with microbes while performing their daily activities such as human body create perspiration and odor, which contain pathogenic microbes. These microbes are responsible for degradation and discoloration of garments [4]. Moreover, Perspiration contains salts, amino acids, carboxylic acids and other nutrients which can degrade textile materials and become a good source of microbial growth. The agents that work against the microbes are known as antimicrobial agents,



<sup>&</sup>lt;sup>2</sup>Department of Dyes and Chemicals Engineering, Bangladesh University of Textiles, Bangladesh

which inhibit the growth or kill microbes to control their negative effect, most of which are biocides [5].

There are two types of antimicrobial finishes used as textiles finishes, for instances synthetic antimicrobial finish (organic and inorganic) and natural antimicrobial finish [6,7]. The synthetic antimicrobial agents are ZnO nanoparticles, quaternary ammonium salts, chloro-ether phenols, poly (hexamethylene bi-guanidine), silver and its compounds, organic-silicones, metal oxides, N-halamines, etc. But some synthetic antimicrobial agents are poisonous and can cause some illness such as skin irritation and hard to decompose in down streaming. That's why some are not allowed in some countries in the world [8].

On the other hand, natural antimicrobial agents are eco-friendly and health hygienic. Most of them are plant extraction. Among 4,00,000 plant species on the earth, very few of them have been scrutinized for their antimicrobial activities. According to World Health Organization (WHO) 80% of the individual in developed countries use medicinal plants extraction as traditional medicine [9]. In USA, about 25% of prescription drugs contain at least one active ingredient derived from plant material [10]. Infectious diseases are most common in the world, and about 57 million people die of microbes. In Africa and Ghana, people for their health needs depend on traditional medicines due to the high cost of orthodox medicines, inadequate health facilities and healthcare professionals. They use medicinal plants for their skin disorders and for wound healing [11,12]. Concerning a safe milieu, the use of natural agents to functionalize textiles has attracted increasing attention. The potential use of different medicinal plants such as Nelumbo nucifera, Aloe vera, Trema guineensis, Phyllanthus discoideus, Acalypha wilkesiana, Berberis vulgaris, Cassia angustifolia, Cinnamomum cassia, Azadiracta indica, Acacia nilotica and Witania somnifera, Anabasis articulate, Chitosan, Azadirachta indica, Ocimum tenuiflorum, Punica granatum, Curcuma longa and other plants has been investigated in several parts of the world [13-16]. In Bangladesh, the antimicrobial activity of some medicinal plants (Psidium guajava, Terminalia arjuna, Phyllanthus embelica, Terminalia chebula, Justicia adhatoda, and Ocimum sanctum) has also been tested, used by indigenous community called Rakhaing [17].

Although Neem oil and Basil have been tested together in India [18], there were no reports on the comparative use of *Ocimum tenuiflorum* (Basil), Mentha spicata (Spearmint), *Centella asiatica* (Indian pennywort), *Azadirachta indica* (Neem) as textile finish, and no comparative analysis on their antimicrobial activities against *Staphylococcus aureus* and *Escherichia coli* bacteria. These are four Bangladeshi plants, which are available in every parts of the country, and are cost effective.

The objective of the present work is to assess the natural antimicrobial textile finishes extracted from *Ocimum tenuiflorum* (Basil), Mentha spicata (Spearmint), *Centella asiatica* (Indian pennywort), *Azadirachta indica* (Neem), and a comparative analysis of their antimicrobial activity.

### **Experimental**

#### Plant materials

Ocimum tenuiflorum (Basil), Mentha spicata (Spearmint), Centella asiatica (Indian pennywort) were collected from Savar, Dhaka, Bangladesh and Azadirachta indica (Neem) were collected from Bangladesh university of Textiles campus, Dhaka, Bangladesh.

#### Plant extraction

Collected leaves of selected plants were cleaned, sun dried and then dried by an oven at 60 °C. Dried leaves then grinded and made into the powder form. It consumed total 5 hours from collection to grinding the plant leaves. 20g of grinded powders from each type of plants were mixed with 100ml of absolute methanol. These mixtures were kept for 24 hours prior to the filtration of mixtures. Filtrated mixtures were used to give antimicrobial finish on the cotton fabric.

#### Selection of fabric

40Ne count 100% cotton yarn was woven at the fabric laboratory of Bangladesh University of Textiles.1/1 Plain weave was chosen as the fabric structure. Sample size was  $5 \, \text{cm} \times 5 \, \text{cm}$ .

# **Pretreatment of fabric**

Pretreatment of the fabric was done with a solution containing caustic soda (30 g/l), detergent (5 g/l), wetting agent (3 g/l) and sequestering agent (2 g/l).

### Sample preparation: Exhaust method

Filtrated mixtures were mixed with 1:20 ratio and treated with sample fabrics in four different beakers for 2 hours at 60 °C. The treated samples were cured in room temperature and dried in covered plates. Thus, finishing was done, and the samples got prepared.

#### Antimicrobial activity testing

Antimicrobial property of cotton fabric samples that were treated with *Ocimum tenuiflorum* (Basil), Mentha spicata (Spearmint), *Centella asiatica* (Indian pennywort) and *Azadirachta indica* (Neem) were tested by using ASTM E2149-01 [19]. This is a quantitative antimicrobial test method that can evaluate the resistance of non-leaching antimicrobial treated specimens to the growth of the microbes under dynamic contact conditions. Antimicrobial activity testing was done against gram-positive bacteria (*Staphylococcus aureus*) and gram-negative bacteria (*Escherichia coli*) in the microbiology lab of Primeasia University, Dhaka, Bangladesh.

Each culture was suspended in a small amount of nutrient broth, spread on the nutrient agar plate, and incubated at 37 °C for 2 hours. Two single colonies were picked up with an inoculating loop from the agar plate, suspended in 5 ml nutrient broth, and incubated for 18 hours at 37 °C. A final concentration of 1.5-3.0×105 colony forming units per milliliter (CFU/ml) was prepared by appropriately diluting each culture with a steric buffer solution (0.3mM phosphate buffer, pH 7.2) which was used as diluent in all

experiments. These dilute culture solutions were used for the antimicrobial test.

For each type of treated and untreated sample, a 250ml flask was prepared containing 50 ml of the working bacterial dilution  $(1.5\text{-}3.0\times105~\text{CFU/ml})$  and fabric samples which were cut into small pieces  $(4.8\text{cm} \times 4.8\text{cm})$ . All flasks were capped loosely, placed on a shaking incubator, were shaken at 37 °C and 120 rpm for 1 hour. A series of dilutions were made using the buffer solution and each 0.1ml of the dilution was placed in nutrient agar plate. The inoculated plates were incubated by incubator (Binder from USA) at 37 °C for 24 hours and surviving cells were counted. Safety cabinet (Clernair from Belgium) was used to carry out the preparation of

bacteria culture and transferring to agar plate [20].

The antimicrobial activity was assessed and compared using the following equation:

% Re duction = 
$$\frac{B-A}{B}$$
 X100

Where A is the number of surviving cells (CFU/ml) for the flasks containing test samples and B is the number of surviving cells (CFU/ml) for the flasks containing the control samples after one-hour contact time for both. % Reduction expresses the percentages of bacteria that were killed by the antimicrobial finishes that were applied on the cotton fabric.

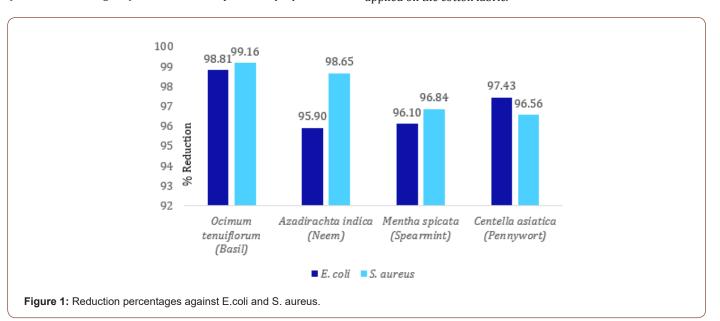


Table 1: Surviving cells of bacteria on control and sample fabric.

Name of Medicinal Plant	E. coli (CFU/ml) Survived		S. aureus (CFU/ml) Survived	
	Control Fabric	Sample Fabric	Control Fabric	Sample Fabric
Ocimum tenuiflorum (Basil)	2.10×10 <sup>5</sup>	25×10 <sup>2</sup>	2.15×10 <sup>5</sup>	18×10 <sup>2</sup>
Azadirachta indica (Neem)		86×10 <sup>2</sup>		29×10 <sup>2</sup>
Mentha spicata (Spearmint)		82×10 <sup>2</sup>		68×10 <sup>2</sup>
Centella asiatica (Pennywort)		54×10²		74×10 <sup>2</sup>

## **Results and Discussion**

Results obtained from the test to assess the antimicrobial activity of four medicinal plants, have been demonstrated below in an understandable way to get the idea on the comparative antimicrobial activity of the tested plants. Table 1 shows the counts of surviving cells of *E. coli* and *S. aureus* bacteria for the control fabric and for *Ocimum tenuiflorum* (Basil), *Azadirachta indica* (Neem), *Mentha spicata* (Spearmint) and *Centella asiatica* (Pennywort) treated sample fabrics. Figure 1 shows the reduction percentages of bacteria for all four samples.

Result resembles that all the four samples showed excellent antimicrobial activity with more than 95% reduction of micro-organisms. Among the four, *Ocimum tenuiflorum* (Basil) showed the best result against both *E. coli* and *S. aureus* with reduction percentages of 98.81% and 99.16% respectively. Figure 2 displays the counts of *Ocimum tenuiflorum* (Basil) treated sample against both *E. coli* and *S. aureus*.

Kaya, et al. [21] examined the antimicrobial activity of various extracts (chloroform, acetone and methanol) of *Ocimum tenuiflorum* (Basil) and found best result using the methanol extract. Fur-

thermore, they observed satisfactory antimicrobial activity against both gram-positive and gram-negative bacteria. Both of these findings correspond to this study. Lachowicz, et al [22] studied the antimicrobial activity from five oils of sweet Basil against 24 (13 gram-positive and 11 gram-negative) bacteria and observed notable activity against 20 bacteria, including significant activity against *E. coli* and *S. aureus*. They also found that Basil samples are more effective against gram-positive bacteria than gram-negative bacteria. This study presents the same as *Ocimum tenuiflorum* (Ba-

sil) provides the greater reduction percentage (99.16%) against gram-positive *S. aureus* compared to the reduction percentage (98.81%) against gram-negative *E. coli*. In another study from Iran, Moghaddam, et al. [23] also observed the significant antimicrobial activity against both *E. coli* and *S. aureus* with a different species of Basil, named *Ocimum basilicum*. Dostalova, et al. [24] studied the antimicrobial activity of aqueous extract of Basil against gram-negative bacteria including *E. coli* and observed high potential to inhibit bacterial growth.

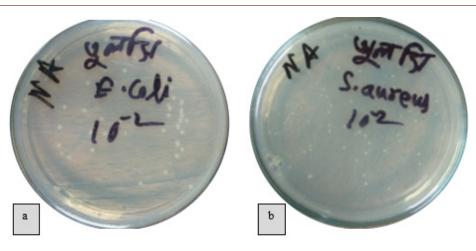


Figure 1: Counts of Ocimum tenuiflorum (Basil) treated sample against (a) E. coli and (b) S. aureus.

After Basil, *Centella asiatica* (Pennywort) provides the next best result comprising of 97.43% and 96.56% reduction against *E. coli* and *S. aureus* respectively. Figure 3 displays the counts of *Centella* 

asiatica (Pennywort) treated sample against both *E. coli* and *S. aureus*.

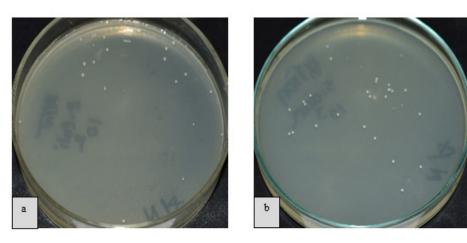


Figure 3: Counts of Centella asiatica (Pennywort) treated sample against (a) E. coli and (b) S. aureus.

Arumugam, et al. [25] tested the antimicrobial activity of *Centella asiatica* (Pennywort) and observed significant activity against *E. coli* and *S. aureus*. Their study found comparatively higher potential to inhibit the growth of *E. coli* than *S. aureus*. This study detected the similar result as the reduction percentage (97.43%) against *E. coli* is higher than the reduction percentage (96.56%) against *S. aureus*. Another study by Samy, et al. [26] spotted the similar an-

timicrobial activity *E. coli* and *S. aureus* by the methanol extracts of *Centella asiatica* (Pennywort). Two more studies by Nasution, et al. [27] and Dash, et al. [28] found excellent antimicrobial activity of *Centella asiatica* (Pennywort) against *E. coli* and *S. aureus*, along with some other bacteria. But both of those used ethanol extract of *Centella asiatica* (Pennywort) whereas this study is based on methanol extracts. Although *Azadirachta indica* (Neem) has compara-

tively the lowest performance against *E. coli*, it indicates impressive antimicrobial activity against *S. aureus* which is very close to the result of *Ocimum tenuiflorum* (Basil).

Maleki, et al. [29] noticed that methanol extract of *Azadirachta indica* (Neem) provides the strongest antimicrobial activity against *S. aureus*. Tirumalasetty et al also perceived methanol extracts to provide noteworthy antimicrobial activity against *E. coli* and *S. aureus*. Alike this study, their study also detected higher antimicrobial activity against *S. aureus*, compared to the activity against *E. coli* [30]. Mohammed et al. tested the methanol extract of *Azadirachta indica* (Neem) leaves against 6 bacterial species, including *E. coli* and *S. aureus*. Although they received strong antimicrobial activity against all the six bacterial species, antimicrobial activity was the lowest against *E. coli*, which is very similar to this study [31].

# **Conclusion**

This study has given a comparative idea for the application of antimicrobial finishes on bleached cotton fabric using *Ocimum tenuiflorum* (Basil), Mentha spicata (Spearmint), *Centella asiatica* (Indian pennywort) and *Azadirachta indica* (Neem). Among these four plants, *Ocimum tenuiflorum* (Basil) exhibited excellent antimicrobial activity, which reduced almost 98-99% bacteria. Overall, the result indicates the potential of these plants to be used for antimicrobial textile products. As these plants are locally very easily collectible and very cheap, further extensive study can confirm the feasibility of commercial use of these plants as antimicrobial agent.

The study has the further scope to continue by testing the antimicrobial activity after washing the fabric sample to measure the durability of used finishes against washing and measure the number of washes up to which the antimicrobial activity remains effective. Also testing the strength, color fastness and dimensional stability shall give a precise idea on the fabric quality after antimicrobial treatment.

Considering the consumer demand of safer clothing as an effect of COVID19 pandemic, the application of locally extracted and cheap medicinal plants to produce antimicrobial fabrics is supposed to be highly efficient and cost-effective.

# Acknowledgement

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#### **Conflict of Interest**

Authors declare no conflict of interest.

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