

Opinion

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Report on Activities of the Kangaroo Mother Care Unit

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Opinion

Within two months of being officially put into operation, the team of doctors, nurses and midwives at TWG Long An Obstetrics-

Pediatrics hospital has successfully managed many premature babies as well as full term babies with difficulty at birth.



Figure 1: Baby is skin-to-skin contact with the mother and was given NCPAP right after birth.

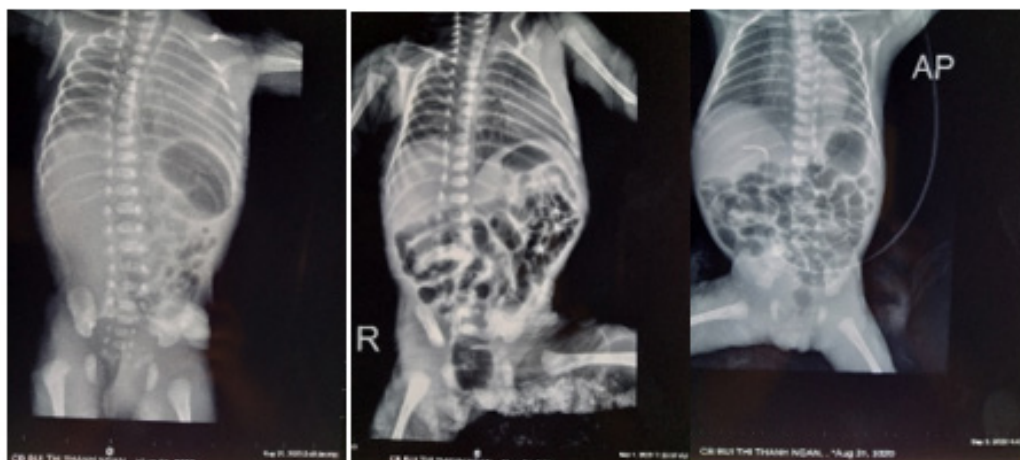


Figure 2: X-Ray at first- second- 4th day.

At TWG Long An Obstetrics-Pediatrics hospital, we consider skin-to-skin method as an important treatment to achieve optimal results for term and preterm infants, especially, extremely premature babies. All preterm babies have been applied Kangaroo mother care immediately after birth (Figure 1&2).

Dr. Kim Chi Luong - Head of Neonatology department at TWG Long An Obstetrics-Pediatrics hospital – Member of International Kangaroo Association, collaborator of WHO, UNICEF was the first person to bring the Kangaroo mother care method to the South of Vietnam.

Recently, TWG Long An Obstetrics-Pediatrics hospital has successfully saved the life of a premature baby girl with only 700 grams birth weight at 26 weeks gestation. This is the smallest baby in Vietnam that has been successfully cared with continuing Kangaroo mother care method from the delivery room to the postnatal unit (Figure 3&4).



Figure 3: Baby often smiles in her sleep and when hearing her parents' voices.



Figure 4: Dr. Kim Chi Luong is giving the baby a massage.

Two days earlier, TWG Long An Obstetrics-Pediatrics hospital saved the life of a baby with 1000 gram birth weight, born

prematurely at 28 weeks gestation, now the mother and baby are monitored at the Neonatology Department, the baby has a stable development, increased more than 300 grams after 3 weeks of care. It is expected that the mother and baby will be discharged from the hospital next week (Figure 5&6).



Figure 5: Premature baby at 28 weeks gestation, weighing 1000 grams.



Figure 6: 7 weeks after delivery.

Acknowledgement

None.

Conflict of Interest

No conflict of interest.