

## Short Communication

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# Could Abnormal Distribution of Interstitial Cells of Cajal be Involved in Gastrointestinal Disorders in Patients with Parkinson's Disease?

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## Abstract

**Objective:** To study the role of interstitial cells of Cajal (ICC) in the pathogenesis of gastro-intestinal motility disorders in Parkinson's disease (PD).

**Methods:** The distribution of ICCs was studied by immunohistochemical analysis using anti c-kit antibodies in 4 cases of PD patients and 4 paired non-PD patients.

**Results:** ICCs were located in the inner part of the circular muscle and around the myenteric plexus between the two muscle layers. The number of c-kit+ ICCs was remarkably reduced or even disappeared in patients with PD.

**Conclusion:** The lack of ICCs may lead to the abnormal spontaneous electrical activity and conduction which gives rise to gastro-intestinal motility disorders in PD.

**Keywords:** Parkinson's disease; Gastro-intestinal motility disorders; Interstitial cells of Cajal

## Introduction

Parkinson's disease (PD) is a common degenerative disease of the nervous system in elderly people. The main clinical manifestations are tremor and rigidity. In addition to the typical motor symptoms, PD patients also have a higher incidence of gastrointestinal disorders, of which constipation is the most common, with a foreign incidence of 67% [1], the incidence in domestic of more than 50% [2]. Interstitial cells of Cajal (ICC) plays an important role in gastrointestinal motility as a pacemaker and transduction agent of gastrointestinal rhythmic electrical activity. To date, studies on the pathogenesis of PD gastrointestinal disorders have not involved the ICC pathway. In this study, we used anti-C-kit immunohistochemistry to observe the distribution of ICCs in the intestinal tract of PD patients, so as to explore the role of ICCs in the gastrointestinal dysfunction of PD.

Our research was approved by the ethics committee of Shanhai Changhai Hospital with No. CHEC2018-081. From December 2009 to May 2017, 4 cases of PD inpatients and 4 paired cases of non-PD inpatients were operated due to gastrointestinal tumor. We took the end close to the normal tissue and did an immunohistochemical analysis using anti c-kit antibodies (Table 1).

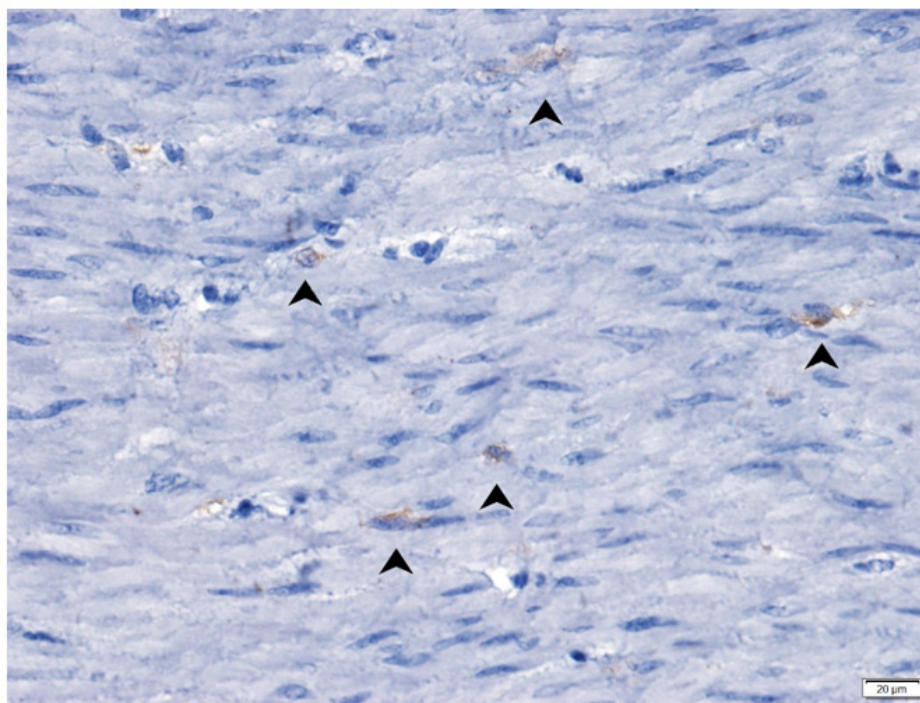
**Table1:** PD patients' characteristics.

PD	Gender	Age	Duration of PD	Diagnosis	Operation Date
1	F	69	10 years	cardia carcinoma	31/12/2009
2	M	76	unknown	gastric cancer	1/8/2016
3	M	62	2 years	rectal carcinoma	15/05/2017
4	F	64	4 years	rectal carcinoma	2/12/2016
Non-PD case	Gender	Age	Duration of PD	Diagnosis	Operation Date
1	F	68	-	gastric cancer	7/11/2017
2	M	75	-	gastric cancer	25/05/2017
3	M	62	-	rectal carcinoma	14/04/2017
4	F	64	-	rectal carcinoma	2/11/2013

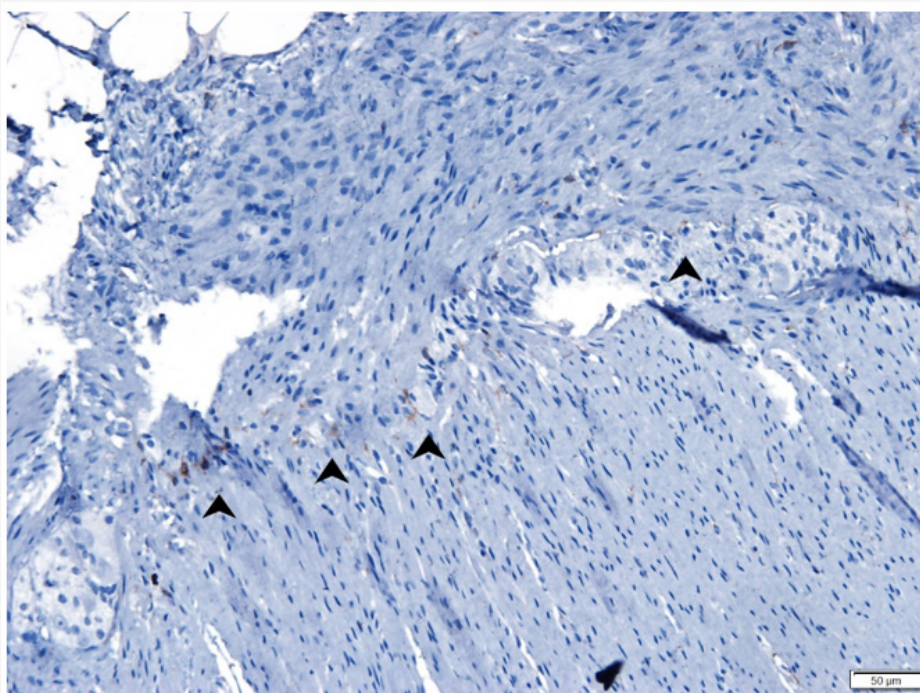
The colon showed two c-kit positive cells: one in the mucosal layer with a large cell body and a round shape that was identified

as mast cells by toluidine blue staining. Another located in the circular muscle layer and around the myenteric plexus between the circular and longitudinal muscle layers, spindle-shaped, along its longitudinal axis having two or three long protrusions, larger nuclei, visible in the cytoplasm of brown particulate matters, was identified as ICCs.

**In the control case 1:** ICCs are mainly distributed on the inner surface of the circular muscle, cling to the smooth muscle cells, and run parallel to the smooth muscle (Figure 1). Around the nerve plexus between the circular and longitudinal muscle layers also distributed a large number of ICCs, with obvious boundaries with the surrounding tissue (Figure 1 & 2).



**Figure 1:** ICCs are located within the intermuscular space, parallel to the muscle fibers × 400.

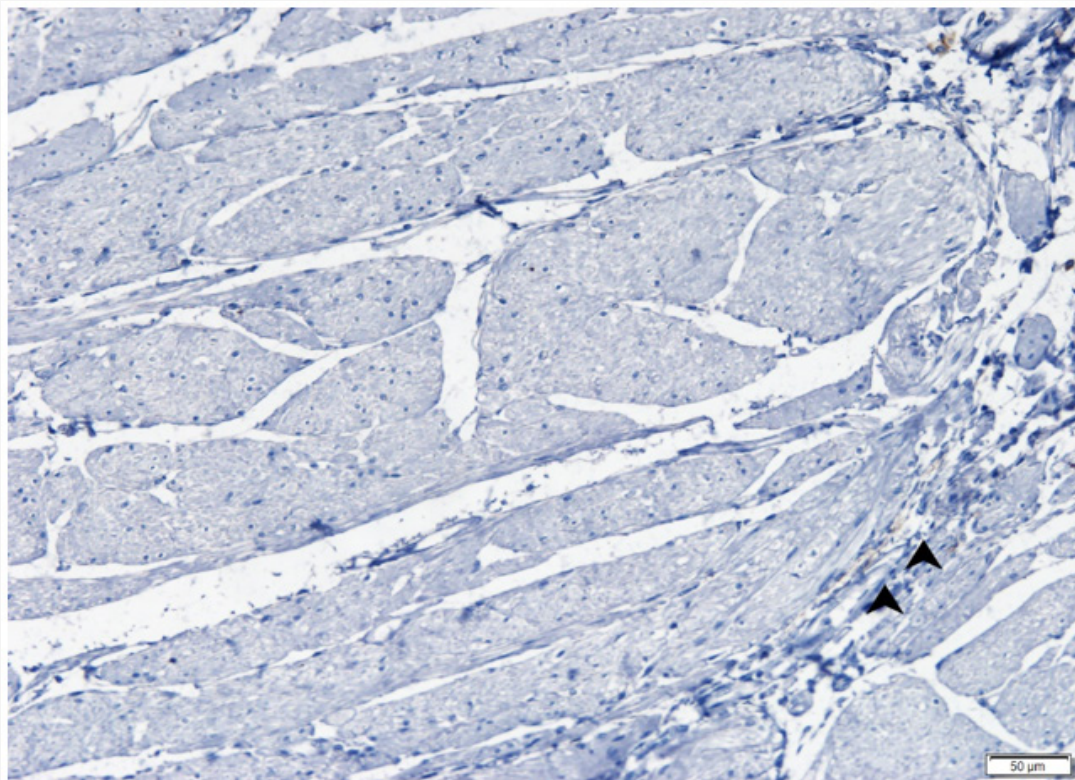


**Figure 2:** A large number of ICCs between the circular and longitudinal muscle layers × 200.

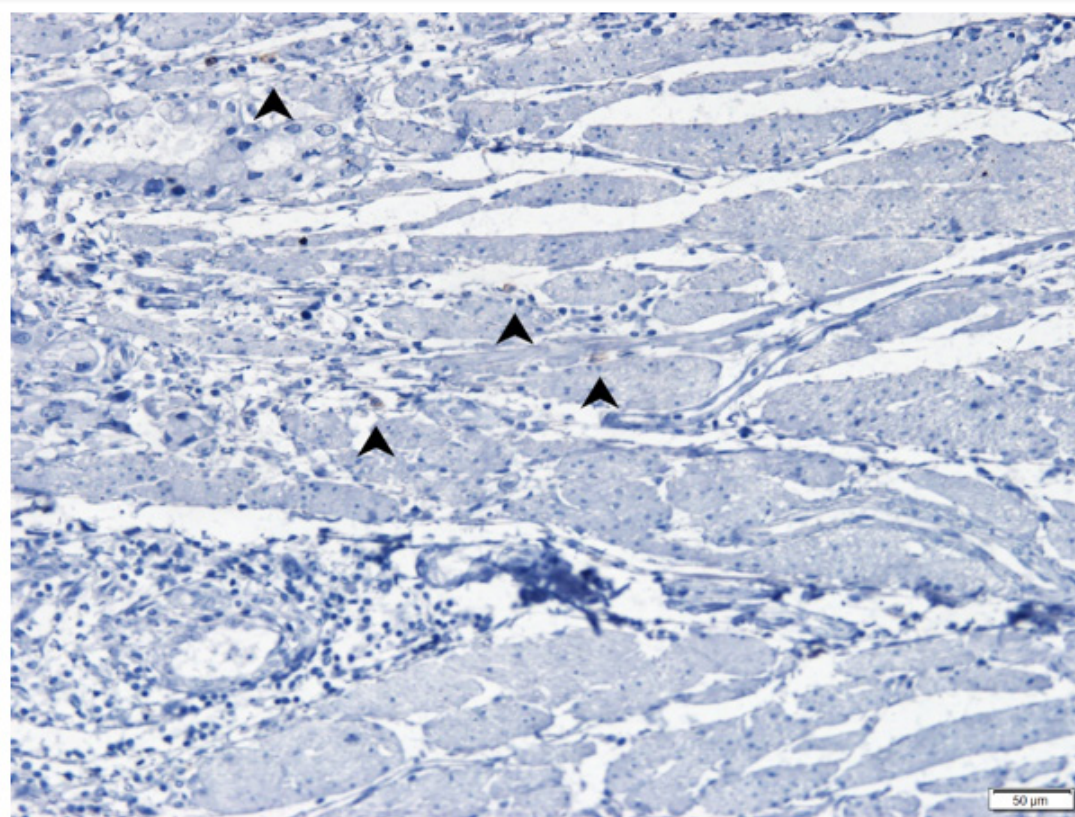
**In the PD patient 1 and 2:** ICCs in the circular muscle layer were significantly reduced, or even absent. Around the myenteric

plexus region distributed only a few ICCs. ICCs are far away from each other. The connection is not obvious (Figure 3& 4).





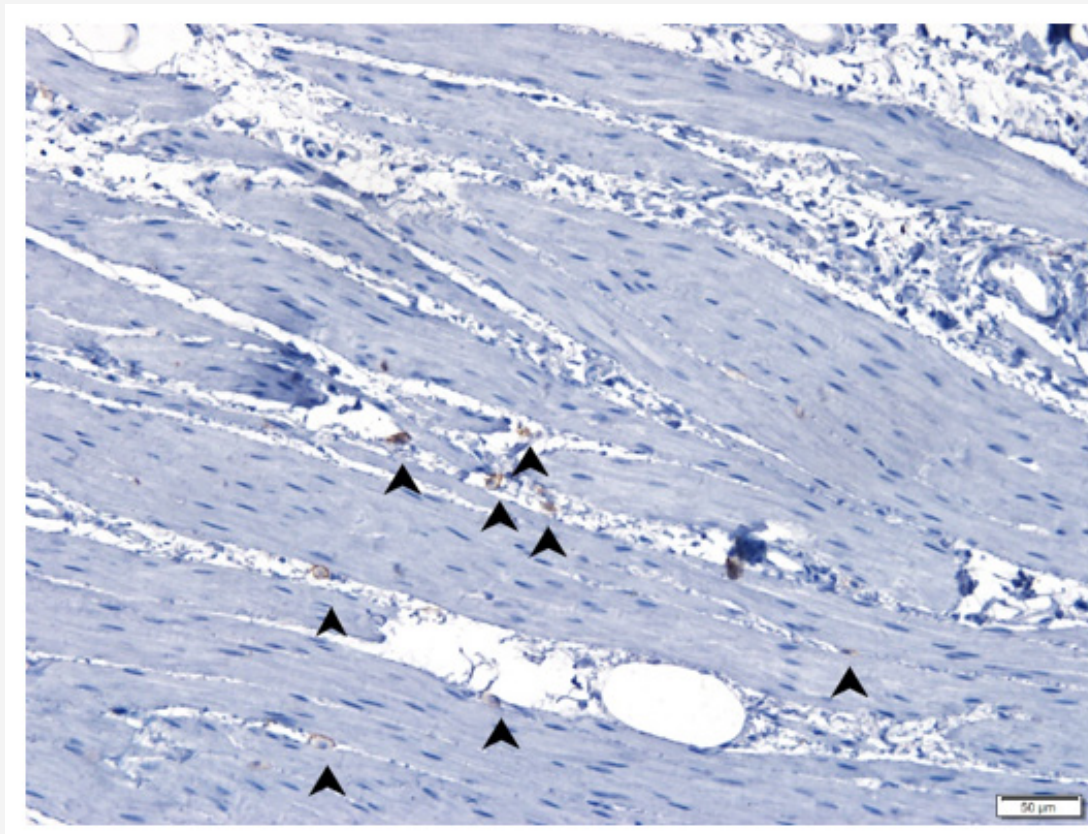
**Figure 3:** A few ICCs around the gastric myenteric plexus area in PD patient 1× 200.



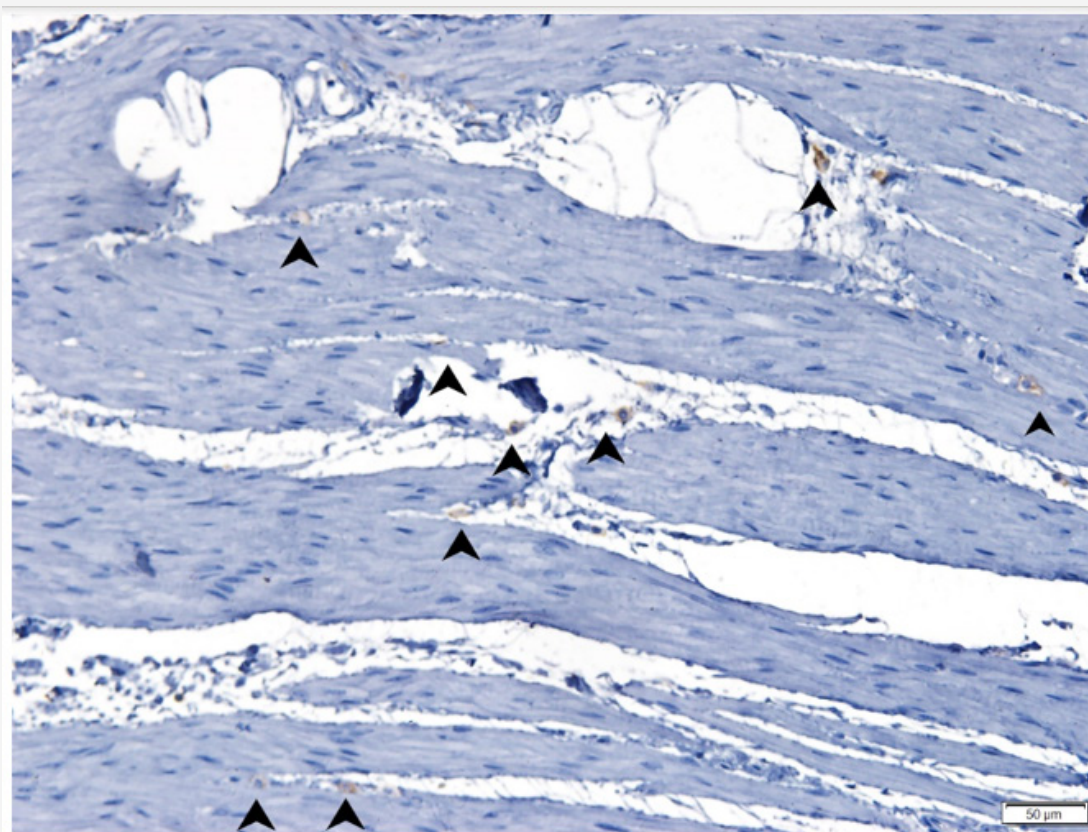
**Figure 4:** Around the myenteric plexus region in PD patient 2 distributed only a few ICCs. ICCs are far away from each other. The connection is not obvious. ×200.

**In the control case 3 and 4:** Around the rectal nerve plexus distributed a large number of ICCs (Figure 5 & 6), while in the PD patient 3 and 4, ICCs were significantly reduced (Figure 7 & 8)



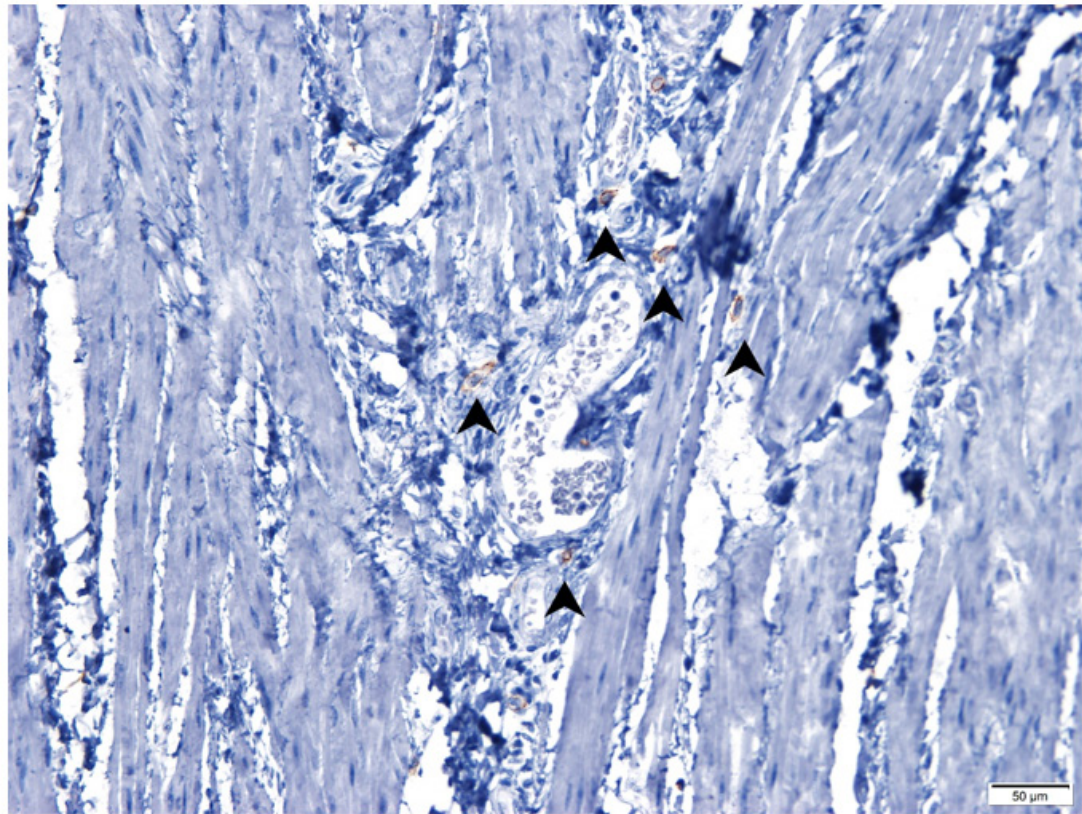


**Figure 5:** around the rectal nerve plexus of control case 3 distributed a large number of ICCs×200.

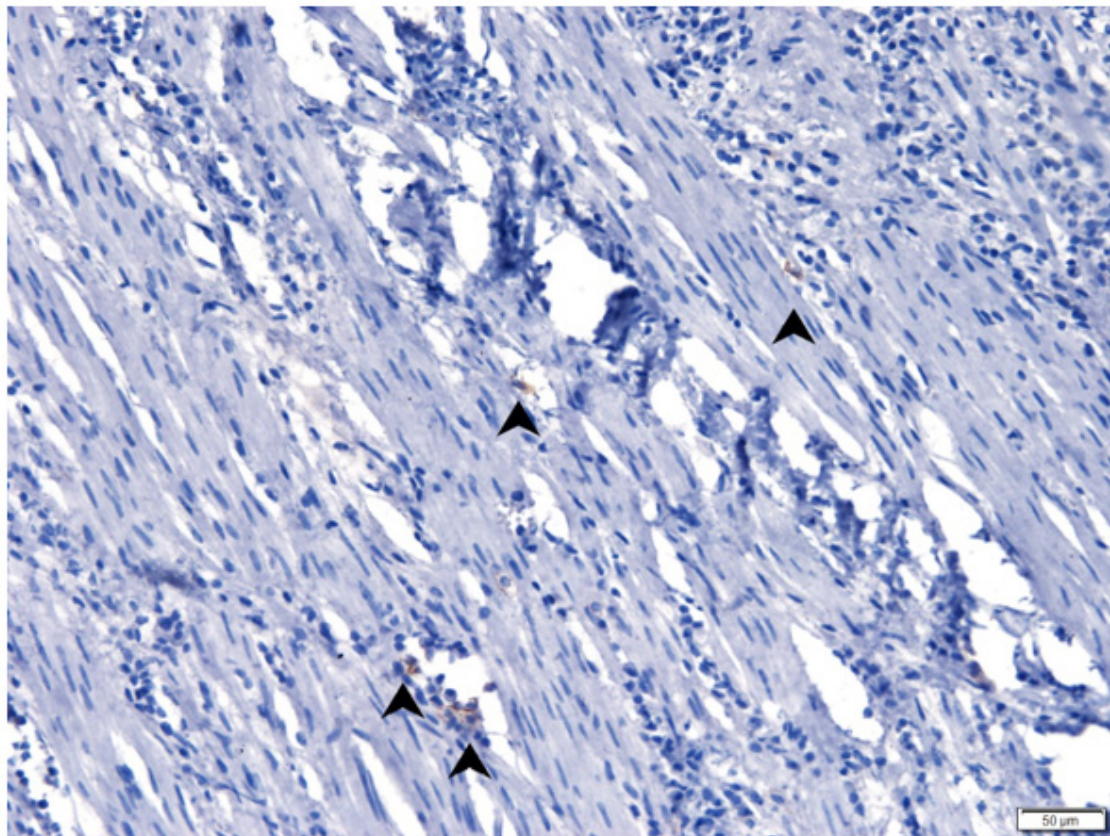


**Figure 6:** around the rectal nerve plexus of control case 4 distributed a large number of ICCs ×200.





**Figure 7:** A few ICCs around the myenteric plexus area in PD patient 3× 200.



**Figure 8:** A few ICCs around the myenteric plexus area in PD patient 4× 200.

## Discussion

Gastrointestinal ICCs have three main functions: the first is to participate in electrical activity transmission as a pacemaker of rhythmic electrical activity; the second is as a mediator between neural impulse transmission and smooth muscle contraction; the third is to regulate neurotransmitters. The slow waves from ICCs propagate through the gap junction to smooth muscle cells, activate smooth muscle cells and produce action potentials that cause the smooth muscle to contract [3]. ICCs-related diseases include achalasia, hypertrophic pyloric stenosis, chronic pseudo-intestinal obstruction, Hirschsprung disease, inflammatory bowel disease, slow transit constipation, diabetic gastroparesis, Oddi sphincter dysfunction and other gastric Intestinal motility disorders and gastrointestinal stromal tumors [4].

PD is a common neurovegetative disease in the elderly with tremor, rigidity, akinesia and postural instability and gait disorders as the main clinical symptoms. In recent years, gastrointestinal symptoms that plague PD patients such as dysphagia, delayed gastric emptying, constipation are gaining more and more attention. Many factors may affect the gastrointestinal function, such as the use of anti-Parkinson drugs, long-term use of laxatives, etc., and PD disease itself may also be one of the main reasons [5]. Singaram et al. [6] found that the number of dopaminergic neurons in the intestinal muscle layer in the colon of patients with PD was significantly reduced than that in the normal controls and idiopathic constipation group. This result suggests that PD patients may have peripheral dopamine depletion. The intestinal dopaminergic neurons are just a few of the many neuronal populations in the enteric nervous system. Non-dopaminergic neurons in the gut, such as nitric oxidergic neurons, cholinergic neurons may also be involved in the disease process [7,8]. However, it is unclear which mechanism of PD causes changes of these gastrointestinal neurons and how they affect gastrointestinal activities. To date, studies on the pathogenesis of PD gastrointestinal disorders have not involved the ICCs pathway. The results of this study show that the number of intestinal ICCs in patients with PD significantly reduced or even disappeared, compared with the normal bowel. Slow wave is considered as the starting potential of smooth muscle, controlling the rhythm of smooth muscle contraction and determining the direction, rhythm and speed of peristalsis. The reduction of ICCs will inevitably weaken the stimulating effect on the slow wave of intestine smooth muscle. In addition, as the intestinal nerve, ICCs and smooth muscle cells form the basic functional units that deliver mechanical effects, the lack of ICCs may lead to the interruption of this chain, and probably the blockage of the neurotransmission. Therefore, the lack of intestinal ICCs in PD patients eventually leads to autonomous bowel movement disorder. It is not yet clear whether the reduction of ICCs is a primary risk factor or a secondary pathological change. However, it is certain that lack of ICCs in pathological bowel is one of the pathological changes of PD, just as the depletion of dopaminergic neurons.

There are some shortcomings in this study: First, the sample size is relatively small, and we did not get a significant difference statistically. Because ICCs mainly exist in the gastrointestinal muscular layers, specimens must be surgically resected but not endoscopically. Second, most of the resected samples came from tumor patients. Although the samples taken close to the normal tissue end, we cannot exclude the tumor-induced destruction.

## Conclusion

With our extremely small number of PD tact specimen, we found that ICCs were located in the inner part of the circular muscle and around the myenteric plexus between the two muscle layers. The number of c-kit+ ICCs was remarkably reduced or even disappeared in patients with PD. The lack of ICCs may lead to the abnormal spontaneous electrical activity and conduction which gives rise to gastro-intestinal motility disorders in PD. In the future, it is hoped that the study of ICCs by PD animal model may provide new ideas for revealing the mechanism of gastrointestinal dysfunction in PD.

## Acknowledgement

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## Conflict of Interest

I declare there are no relevant conflicts of interest.

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