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**Research Article** 

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# Preimplantation Genetic Testing for Inherited Cancer Predisposition

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### **Summary**

Inherited cancer predisposition is presently one of the major indications for preimplantation genetic testing (PGT), providing an option for couplers at risk to avoid the birth of an offspring with predisposition to cancer. We present here our experience of 874 PGT cycles for cancer, resulting in birth of 387 mutation free children, without risk of developing cancer, which is a part of our overall PGT series of 6,204 PGT cases for monogenic disorders (PGT-M), with 2,517 resulting births, free of genetic disorder. The accumulated experience demonstrates considerable progress in using PGT for avoiding the birth of children with genetic predisposition to cancer.

## Introduction

There are no presently effective approaches to prevent the development of cancer in carries of cancer predisposing mutations, making preimplantation genetic testing (PGT) an attractive option for couples at risk to avoid the inheritance of cancer predisposing genes to their offspring [1-6]. The number of referrals for PGT of cancer has increased significantly after introduction of an expanding carrier screening, so the detected carries of cancer predisposing genes may now choose avoiding birth of a child with predisposition to varies cancers by utilizing PGT. Thus, the information on the practical utility of PGT for at risk couples should be available for couples with family history of cancer, so they could make their choices for carrier screening and PGT. Due to importance of such information for clinical practice, this paper will describe the present status of PGT for cancer predisposition, as a practical tool for avoiding the birth of children at risk for developing cancer, based on our experience since we performed the first case PGT for cancer in 1999 [1,7,8].

## **Material and Methods**

A series of 874 PGT cycles for 484 couples (Table 1) at risk for producing a progeny with mutations predisposing to cancer was

performed (list of gene mutations predisposing to cancer, for which PGT was performed is presented in (Table 1).

The most frequent were breast cancer (284 PGT Cycles), neurofibromatosis type I and type II (102 PGT cycles), familial adenomatous polyposis 1 (FAP1) and colorectal cancer (94 PGT cycles), and Fanconi anaemia (FA) (83 PGT cycles), with PGT for other cancers performed in 34 cycles or less (see Table 1).

PGT cycles were performed using a standard IVF protocol, coupled with micromanipulation procedures of polar bodies (PB) or embryo biopsy, described in detail elsewhere [9]. Details of PGT guidelines were reported previously (10-11). The present standards of the procedure involve whole genome amplification (WGA) of biopsied PBs or embryos biopsy samples, followed by multiplex nested PCR analysis of the mutations in question, together with closely linked genetic markers in a multiplex heminested system. The majority of cases are currently performed by blastocyst biopsy followed by WGA [6,9]. For each family, heterozygous alleles and haplotypes not shared by parents were selected. This allowed detecting and avoiding misdiagnosis due to preferential amplification and allele dropout (ADO), and a possible



aneuploidy or uniparental disomy of chromosomes in which the tested mutations are located, which may affect diagnostic accuracy of PGT. In PGT cycles, involving an advanced reproductive age of maternal partner, aneuploidy testing was also performed by next generation technologies (NGS) (Illumina Inc) for 24-chromosome aneuploidy testing [12].

## **Results and Discussion**

Table 1 presents our cumulative experience of 874 PGT cycles performed for 484 couples at risk for producing offspring with genetic predisposition to cancer, caused by 56 different genes. This is the largest series available for PGT of cancer, resulting in transfer of 966 cancer predisposition free embryos in 634 cycles (1.5 average embryos per transfer), yielding 387 (61%) clinical pregnancies and birth of 407 healthy children free of predisposing gene mutations

Table 1: PGT for Cancer Predisposition in our overall PGT-M experience.

and demonstrating the practical utility of PGT for cancer. The cancer predisposition, for which PGT has been performed, includes breast and ovarian cancer (BRCA I and II), Li-Fraumeni disease, Fanconi anaemia (FA), familial adenomatosis polyposis (FAP), familial colorectal cancer, hereditary nonpolyposis coli (HNPCC) (type 1 and 2), Von Hippel-Lindau syndrome (VHL), familial posterior fossa brain tumor (hSNF5), retinoblastoma (RB), neurofibromatosis 1 and 2 (NF1 and NF2), nevoid basal cell carcinoma (NBCCS) or Gorlin syndrome, tuberous sclerosis (TSC type 1 and type 2), ataxia telangiectasia, xeroderma pigmentosum-complimentary group G, exostosis multiple (EXT1 and EXT2), dyskeratosis congenital AD2/AD3/DKCX, gastric cancer, paragangliomas 5 (PGL5), Peutz-Jegher syndrome, multiple endocrine neoplasia (MEN 1/2A/4) and pleuropulmonary blastoma (see the complete list in Table 1).

Disease	Gene	# Cycle	# Transfers	# Embryos Transferred	Pregnancy	Birth
ALBINISM, OCULOCUTANEOUS, TYPE IA; OCA1A	TYR	9	8	14	4	4
ALBINISM, OCULOCUTANEOUS, TYPE II; OCA2	OCA2	4	3	6	2	2
ALBINISM, OCULOCUTANEOUS, TYPE III; OCA3	TYRP1	1	0	0	0	0
ATAXIA-TELANGIECTASIA; AT	ATM	10	6	10	5	4
BASAL CELL NEVUS SYNDROME; BCNS (Gorlin)	PTCH1	7	6	10	4	4
BIRT-HOGG-DUBE SYNDROME; BHD	FLCN	2	1	1	1	1
BREAST-OVARIAN CANCER, FAMILIAL, SUSCEPTIBILITY TO, 1; BROVCA1	BRCA1	159	114	163	76	79
BREAST-OVARIAN CANCER, FAMILIAL, SUSCEPTIBILITY TO, 2; BROVCA2	BRCA2	125	85	117	55	55
BREAST AND COLORECTAL CANCER, SUSCEPTIBILITY	СНЕК2	3	3	3	1	1
COLORECTAL CANCER, HEREDITARY NONPOLYPOSIS, TYPE 1; HNPCC1 (LYNCH SYNDROME I)	MSH2	21	12	15	7	6
COLORECTAL CANCER, HEREDITARY NONPOLYPOSIS, TYPE 2; HNPCC2	MLH1	18	15	25	9	10
COLORECTAL CANCER, HEREDITARY NONPOLYPOSIS, TYPE 4; HNPCC4	PMS2	2	1	1	1	1
COLORECTAL CANCER, HEREDITARY NONPOLYPOSIS, TYPE 5; HNPCC5	MSH6	11	9	11	5	5
DYSKERATOSIS CONGENITA, AUTO- SOMAL DOMINANT 3,DKCA3	TINF2	1	1	1	1	1
DYSKERATOSIS CONGENITA, AUTO- SOMAL DOMINANT, 2, DKCA2	TERT	3	1	1	0	0
DYSKERATOSIS CONGENITA, AUTO- SOMAL RECESSIVE, 5, DKCB5	RTEL1	1	1	1	1	1
DYSKERATOSIS CONGENITA, X-LINKED; DKCX	DKC1	1	1	2	1	1
EPIDERMOLYSIS BULLOSA DYSTRO- PHICA, AUTOSOMAL DOMINANT; DDEB	COL7A1	9	8	10	4	4

EPIDERMOLYSIS BULLOSA, JUNC-	LAMA3	9	8	14	6	9
TIONAL, HERLITZ TYPE EPIDERMOLYSIS BULLOSA, JUNC-	LAMB3	7	4	7	2	3
TIONAL, NON-HERLITZ TYPE						
EXOSTOSES, MULTIPLE	EXT1, EXT2	29	22	38	15	16
FAMILIAL ADENOMATOUS POLYPO- SIS 1; FAP1	APC	42	31	51	14	13
FANCONI ANEMIA, COMPLEMENTA- TION GROUP A,C, D,E,D,F,J	FANC A,C,D,E,F,G,J	83	45	71	20	22
GASTRIC CANCER, HEREDITARY DIFFUSE; HDGC	CDH1	1	1	2	1	2
HEREDITARY LEIOMYOMATOSIS AND RENAL CELL CANCER; HLRCC	FH	2	2	2	1	1
HERMANSKY-PUDLAK SYNDROME 1; HPS1	HPS1	4	3	6	2	3
LI-FRAUMENI SYNDROME 1; LFS1	TP53	22	17	24	13	11
MULTIPLE ENDOCRINE NEOPLASIA, TYPE I; MEN1	MEN1	22	14	22	7	6
MULTIPLE ENDOCRINE NEOPLASIA, TYPE IIA; MEN2A	RET	11	11	16	8	10
MULTIPLE ENDOCRINE NEOPLASIA, TYPE IV; MEN4	CDKN1B	3	1	1	1	1
MYELODYSPLASTIC SYNDROME; MDS	GATA2	1	1	1	1	1
NEUROFIBROMATOSIS, TYPE I; NF1	NF1	93	79	121	46	46
NEUROFIBROMATOSIS, TYPE II; NF2	NF2	10	9	17	7	9
NIJMEGEN BREAKAGE SYNDROME; NBS	NBN	1	2	2	1	1
PANCREATIC CANCER, SUSCEPTI- BILITY TO, 3	PALB2	2	1	2	1	1
PARAGANGLIOMA AND GASTRIC STROMAL SARCOMA	SDHB	3	2	2	1	1
PARAGANGLIOMAS 5; PGL5	SDHA	1	1	1	1	1
PEUTZ-JEGHERS SYNDROME; PJS	STK11	9	6	9	4	4
PLATELET DISORDER, FAMILIAL, WITH ASSOCIATED MYELOID MA- LIGNANCY; FPDMM	RUNX1	1	1	1	1	
PLEUROPULMONARY BLASTOMA; PPB	DICER1	1	1	1	1	1
RENAL CELL CARCINOMA, PAPIL- LARY, 1; RCCP1	MET	1	2	2	1	1
RETINOBLASTOMA; RB1	RB1	31	26	51	14	16
RHABDOID TUMOR PREDISPOSI- TION SYNDROME 1; RTPS1	SMARCB1	1	1	1	1	0
TELANGIECTASIA, HEREDITARY HEMORRHAGIC, OF RENDU, OSLER, AND WEBER; HHT	ENG	11	6	7	3	2
TELANGIECTASIA, HEREDITARY HEMORRHAGIC, TYPE 2; HHT2	ACVRL1	8	4	6	2	2
TUBEROUS SCLEROSIS 1; TSC1	TSC1	30	25	49	16	23
TUBEROUS SCLEROSIS 2; TSC2	TSC2	14	8	12	4	4
VON HIPPEL-LINDAU SYNDROME; VHL	VHL	25	16	25	10	11
XERODERMA PIGMENTOSUM, COM- PLEMENTATION GROUP G; XPG	ERCC5	2	1	1	1	1
TOTAL PGT for Cancer	56 GENES	874	634	966 (1.52)	387 (61%)	407
TOTAL PGT-M Experience	558 GENES	6204	4630	7061 (1.52)	2447 (52.8%)	2517

As mentioned, the most frequent indications for PGT were BRCA I and II. Of 284 PGT cycles performed for breast cancer, 280 embryos free of predisposing gene were detected for transfer in 199 cycles, resulting in birth of 134 children with no risk to develop breast cancer predisposed by these genes in their lifespan. Another most common indication for PGT was NF I and NF II, an autosomaldominant cancer caused by different mutations in the NFI and NFII genes. Of 102 PGT cycles performed for NF, 137 predisposition free embryos were selected for transfer in 87 cycles, resulting in birth of 54 children free from the risk of developing NF in their lifespan. The other large groups included FA (83 PGT cycles) and colorectal cancer (52 PGT cycles), resulting in birth of 44 children free from inherited predisposition to these cancers. As seen from Table 1, children with no risk to develop cancer in their lifespan was born in all but one PGT indications, suggesting a practical utility of PGT for cancer. Table 1 also presents our overall PGT experience for Mendelian disorders, comprising 558 different conditions, with the most frequent ones shifting from traditional single gene disorders to common conditions with genetic predisposition, such as cancer. As mentioned, risk of having offspring with severe lateonset common disorders caused by strong genetic predisposition is increasingly accepted indication for PGT-M. It is of note that the PGT referral spectrum has also changed, with current shift to direct referral through expanded carrier screening [13]. The reason of preference of PGT for genetic predisposition to common conditions, including cancer, in contrast to prenatal diagnosis is obvious, as prenatal diagnosis could lead to pregnancy termination that is not justified on the basis of genetic predisposition alone. On the other hand, choosing the embryos free of genetic predisposition to cancer would obviate the need for considering pregnancy termination, as only potentially normal pregnancies are established. PGT for cancer gained acceptability also on ethical grounds, because only a limited number of the embryos (presently only one) is selected for transfer. This may explain why the number of PGT requests for inherited predisposition for common late onset conditions, such as cancer, has been increasing overall. One of other possible reasons to request PGT for inherited cancer is that it may manifest even after surgery, such as in breast cancer, with PGT providing the only alternative for some at-risk couples to reproduce and avoid clinical termination of an affected fetus.

With accelerating progress in understanding the molecular basis of cancers, inherited cancer predispositions are becoming the major emerging PGT indication. Most of them are dominant and may be also secondary to germline mutations. A strong predisposition to many cancers is also determined by tumor suppressor genes, a major factor for genetic instability [14]. As seen from Table 1, cancer predisposition account already for 14% of all PGT-M cases, despite still remaining controversy, because cancers may present beyond early childhood and may even not be expressed in 100% of the cases. Despite extensive discussions of the ethical and

legal issues involved in PGT for late-onset disorders with genetic predisposition, an increasing number of patients clearly regard the procedure not only as their preferable option but the only possible reason for forgoing the pregnancy [6,15,16]. Genetic counseling and oncologic services should inform patients at risk for these cancers that having children with genetic predisposition to cancers can be avoided through PGT. Options exist for couples who might have chosen to remain childless because of their concern to avoid prenatal diagnosis and possible pregnancy termination.

Presented results show that PGT is a realistic option for couples at risk for producing offspring at risk for developing cancer. In fact, the family history may alone provide the reason to test for presence of predisposing gene mutations to cancer and the need for PGT. This may be a life-saving procedure for the offspring of individuals carrying cancer predisposing genes. With future advances in identification of genes predisposing to inherited cancer, PGT might appear as a useful tool for couples at risk for producing offspring with inherited cancer.

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None.

### **Conflict of Interest**

No conflict of interest.

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